# Project Cost Engineering and Budgeting Optimization Training Course



20 - 24 Dec 2026

Manama

4400 € (Per Person)

Ref: #PMP5192_232053

## Course Introduction / Overview:

This comprehensive course provides an in-depth exploration of the principles and practices of project cost engineering and budget optimization. In today's competitive landscape, the ability to accurately estimate, control, and optimize project costs is a critical determinant of success. This program is designed to equip participants with the advanced skills needed to manage the entire project cost lifecycle, from initial feasibility studies to final project closeout. Drawing on established frameworks and contemporary methodologies, the curriculum delves into sophisticated cost estimation techniques, robust budget development, and dynamic cost control systems. As highlighted by authorities in the field like Dr. Paul D. Giammalvo, a leading figure in project management, integrating cost engineering with overall project strategy is paramount. This course, offered by BIG BEN Training Center, bridges theory and practice, referencing key concepts from foundational texts such as the "Skills and Knowledge of Cost Engineering" by AACE International. Participants will learn to navigate financial complexities, mitigate risks, and implement value engineering to ensure projects are delivered not only on time but also within budget, maximizing return on investment and stakeholder value.

## Target Audience / This training course is suitable for:

- Project Managers and Project Leaders.
- Cost Engineers and Cost Controllers.
- Financial Analysts and Planners.
- Quantity Surveyors and Estimators.
- Procurement and Contract Managers.
- Engineering and Construction Managers.
- Members of the Project Management Office (PMO).
- Operations Managers responsible for project budgets.
- Government officials involved in public works projects.
- Consultants in project management and finance.

## Target Sectors and Industries:

- Construction and Infrastructure Development.
- Oil and Gas and Energy Sectors.
- Engineering and Manufacturing.
- Information Technology and Telecommunications.
- Aerospace and Defense.
- Pharmaceuticals and Healthcare.
- Government Agencies and Public Sector Organizations.
- Consulting and Professional Services.
- Banking and Financial Services.

## Target Organizations Departments:

- Project Management Office (PMO).
- Finance and Accounting Departments.
- Engineering and Technical Services.
- Operations and Production.
- Procurement and Supply Chain Management.
- Strategic Planning and Business Development.
- Contracts and Commercial Departments.
- Internal Audit and Compliance.
- Capital Planning and Investment.

## Course Offerings:

By the end of this course, the participants will have able to:

- Master advanced cost estimation techniques for various project types.
- Develop comprehensive and realistic project budgets and financial plans.
- Implement effective cost control systems to monitor project performance.
- Apply Earned Value Management (EVM) for integrated project analysis.
- Conduct thorough variance analysis and develop accurate cost forecasts.
- Identify and manage financial risks throughout the project lifecycle.
- Utilize value engineering principles to optimize project costs without sacrificing quality.
- Enhance decision-making through robust cost-benefit analysis.
- Prepare and present clear and impactful project financial reports.
- Align project budgeting with organizational strategic financial objectives.

## Course Methodology:

The training methodology at BIG BEN Training Center is designed to be highly interactive, engaging, and practical, ensuring that participants can immediately apply their learning in a professional context. We employ a blended learning approach that combines expert-led presentations with a variety of experiential activities. The course heavily emphasizes learning through doing, with a significant portion of the time dedicated to hands-on exercises, real-world case study analysis, and collaborative group workshops. Participants will work in teams to solve complex cost engineering problems, develop project budgets, and simulate cost control scenarios. This collaborative environment encourages peer-to-peer learning and the sharing of diverse industry experiences. Interactive sessions, facilitated discussions, and Q&A segments ensure that concepts are thoroughly understood. Our trainers provide continuous, constructive feedback throughout the course, helping participants refine their skills and build confidence. The methodology focuses on transforming theoretical knowledge into practical, actionable skills that drive tangible results in project financial management.

## Course Agenda (Course Units):

### Unit One: Foundations of Project Cost Management

- Introduction to Cost Engineering and its Principles.
- The Role of the Cost Engineer in Project Success.
- Understanding the Project Management Lifecycle and Cost Integration.
- Key Terminology in Project Cost Management.
- Cost Breakdown Structure (CBS) and Work Breakdown Structure (WBS).
- Introduction to Cost Accounting and Financial Reporting.
- Exploring Different Types of Project Costs.

### Unit Two: Advanced Cost Estimation Techniques

- Fundamentals of Accurate Cost Estimation.
- Analogous and Parametric Estimating Methods.
- Bottom-Up (Definitive) Estimating Techniques.
- Three-Point Estimating (PERT) and Reserve Analysis.
- Software and Tools for Project Cost Estimation.
- Developing a Basis of Estimate (BOE) Document.
- Addressing Uncertainty and Risk in Cost Estimates.

### Unit three: Project Budgeting and Financial Planning

- The Process of Developing a Project Budget.
- Creating a Time-Phased Budget and Cost Baseline.
- Cash Flow Analysis and Forecasting.
- Capital Budgeting Techniques for Project Selection.
- Funding Allocation and Resource Planning.
- Contingency and Management Reserve Planning.
- Communicating and Gaining Approval for the Project Budget.

## Unit Four: Cost Control, Monitoring, and Reporting

- Establishing a Robust Cost Control System.
- Introduction to Earned Value Management (EVM).
- Calculating Key EVM Metrics (PV, EV, AC, SPI, CPI).
- Variance Analysis and Trend Analysis.
- Forecasting Techniques (ETC and EAC).
- Change Control Systems and Managing Scope Creep.
- Developing and Presenting Project Performance Reports.

## Unit Five: Budget Optimization and Strategic Cost Management

- Introduction to Value Engineering and Analysis.
- Techniques for Cost Reduction and Optimization.
- Lifecycle Costing Principles and Application.
- Managing Procurement and Contract Costs.
- Financial Risk Management and Mitigation Strategies.
- Project Closeout and Final Financial Reporting.
- Integrating Cost Management with Strategic Business Objectives.

# FAQ:

### Qualifications required for registering to this course?

There are no requirements.

### How long is each daily session, and what is the total number of training hours for the course?

This training course spans five days, with daily sessions ranging between 4 to 5 hours, including breaks and interactive activities, bringing the total duration to 20 - 25 training hours.

## Something to think about:

In an era of rapid technological change and market volatility, how can traditional cost engineering principles be adapted to maintain relevance and effectiveness in agile project environments?

## What unique qualities does this course offer compared to other courses?

This course distinguishes itself by moving beyond the mere mechanics of calculation to cultivate a strategic mindset in project financial management. While many programs focus solely on tools and formulas, our curriculum emphasizes the critical thinking and decision-making skills necessary to navigate the complexities of modern projects. We integrate foundational principles with contemporary challenges, such as managing cost in agile frameworks and leveraging data analytics for more accurate forecasting. The course content is deeply rooted in practical application, using a series of integrated case studies that evolve over the five days, allowing participants to apply concepts from estimation to closeout on a single, coherent project scenario. This holistic approach ensures a deeper, more contextual understanding than isolated exercises can provide. Furthermore, the program is designed to foster a comprehensive perspective, linking cost engineering and budgeting directly to broader organizational goals, risk management, and strategic value creation, thereby empowering participants to function not just as cost controllers, but as key strategic partners in project success.