Data Protection and Network Security in the Private Sector Training Course



18 - 22 Oct 2026

Manama

4400 € (Per Person)

Ref: #NO4954_212281

Course Introduction / Overview:

This training course is designed to equip professionals with the essential knowledge and skills needed to protect sensitive data and secure network infrastructures within the private sector. In today's digital landscape, businesses face a constant barrage of cyber threats, from ransomware and phishing to sophisticated corporate espionage. The integrity, confidentiality, and availability of data are paramount for maintaining customer trust, ensuring business continuity, and complying with a growing number of international regulations. This program provides a comprehensive approach to network security and data protection, addressing both the technical and strategic aspects of safeguarding an organization's digital assets. Drawing on the foundational legal and technical frameworks, we will reference the work of prominent academic authors like Peter Swire, a leading figure in information privacy law, whose textbook "U.S. Private-Sector Privacy: Law and Practice" provides critical insights into the legal landscape. This course at BIG BEN Training Center will empower you to build a resilient security posture, implement effective controls, and develop a proactive defense strategy.

Target Audience / This training course is suitable for:

- IT managers and professionals.
- Network and systems administrators.
- Cybersecurity analysts.
- Data privacy officers.
- Compliance officers.
- Risk managers.
- Business owners and executives.

Target Sectors and Industries:

- Financial services.
- Healthcare.
- Technology and software.
- Retail and e-commerce.
- Manufacturing.
- Government agencies and equivalents.
- Professional services.

Target Organizations Departments:

- Information Technology (IT).
- Legal and Compliance.
- Information Security.
- Risk Management.
- Human Resources.
- Operations.
- Finance.

Course Offerings:

By the end of this course, the participants will have able to:

- Assess and mitigate network security risks.
- Implement robust access controls and authentication mechanisms.
- Develop and enforce a comprehensive data protection policy.
- Respond to and recover from a data breach incident.
- Ensure compliance with key privacy regulations like GDPR and CCPA.
- Secure network devices and infrastructure against common attacks.
- Conduct data classification and inventory audit.

Course Methodology:

This training course at BIG BEN Training Center uses a dynamic and practical methodology that blends theoretical concepts with hands-on application. The program incorporates case studies of real-world security breaches, allowing participants to analyze attack vectors and understand the consequences of security failures. You will engage in interactive sessions where you will design network security architectures and test your knowledge of data protection strategies. The course emphasizes a teamwork approach, encouraging collaborative problem-solving for complex security scenarios. The instructor will provide feedback and lead discussions on best practices. This approach ensures that participants leave with a clear, actionable understanding of how to implement and maintain a strong security and data protection program.

Course Agenda (Course Units):

Unit One: Fundamentals of Network Security

- The current threat landscape in the private sector.
- Key security principles (confidentiality, integrity, availability).
- Common network attack vectors.
- Understanding the role of firewalls and intrusion detection systems.
- Network security policy and procedure development.
- Network segmentation and its importance.
- Case study: a ransomware attack on a corporation.

Unit Two: Data Protection and Privacy Law

- Introduction to data protection.
- Data classification and data lifecycle management.
- Overview of GDPR, CCPA, and other key regulations.
- Implementing privacy by design.
- Data encryption at rest and in transit.
- Data sharing and third-party risk management.
- The importance of data privacy impact assessment.

Unit Three: Access Control and Authentication

- Fundamentals of access control models.
- Role-based access control (RBAC).
- Multi-factor authentication (MFA).
- Identity and access management (IAM) systems.
- Securing remote access and VPNs.
- Best practices for password policies.
- Practical lab: configuring MFA.

Unit Four: Incident Response and Business Continuity

- Developing an incident response plan.
- Steps to take during a data breach.
- Forensic readiness and log management.
- Business continuity and disaster recovery planning.
- Conducting security awareness training for employees.
- The role of communication during a crisis.
- Case study: a post-breach analysis.

Unit Five: Advanced Security and Future Trends

- Securing cloud-based networks.
- Protecting sensitive data in SaaS environments.
- Understanding endpoint detection and response (EDR).
- Introduction to zero-trust architecture.
- Threat intelligence and proactive defense.
- Emerging threats and security trends.
- Final project: designing a security strategy.
- Frequently Asked Questions:

FAQ:

Qualifications required for registering to this course?

There are no requirements.

How long is each daily session, and what is the total number of training hours for the course?

This training course spans five days, with daily sessions ranging between 4 to 5 hours, including breaks and interactive activities, bringing the total duration to 20 - 25 training hours.

Something to think about:

With the increasing sophistication of AI-powered cyber threats, how can an organization move beyond reactive defense to proactively predict and neutralize attacks before they can cause significant damage?

What unique qualities does this course offer compared to other courses?

This course stands out because it offers a comprehensive and integrated view of network security and data protection, specifically tailored for the private sector. Unlike programs that focus solely on one area, this training bridges the technical aspects of network defense with the strategic and regulatory requirements of data privacy. It moves beyond simple tool-based training, teaching participants how to build a holistic security program that is compliant with international standards and resilient against modern threats. The curriculum uses real-world case studies and scenarios, giving you practical experience in preparing for, responding to, and recovering from cyber incidents. This course is for professionals who need to be not just technically proficient but also strategically aware of the risks and regulations that define corporate security.