Virtual Reality and Immersive Storytelling in Media Training Course



02 - 06 Nov 2026

Tokyo

5800 € (Per Person)

Ref: #MED7261_194269

Course Introduction / Overview:

This course delves into the transformative world of virtual reality and immersive storytelling, offering a comprehensive exploration of the technologies and narrative techniques shaping the future of media. As audiences increasingly seek more engaging and participatory experiences, the ability to craft compelling stories within immersive environments has become a critical skill. This program is designed to move beyond the technical jargon, focusing on the core principles of narrative design, user experience, and emotional engagement in VR and AR. Drawing upon foundational concepts explored by pioneers like Janet H. Murray in her seminal work, "Hamlet on the Holodeck," participants will learn how to build worlds, guide user agency, and create a profound sense of presence. BIG BEN Training Center provides a unique learning environment where theoretical knowledge is immediately applied through practical exercises. This course equips professionals with a strategic understanding of the entire immersive content production pipeline, from initial concept to final distribution, ensuring they are prepared to lead and innovate in this rapidly evolving digital landscape.

Target Audience / This training course is suitable for:

- Media Producers and Directors.
- Journalists and Documentary Filmmakers.
- Content Strategists and Creators.
- Marketing and Advertising Professionals.
- Corporate Communications Specialists.
- Game Designers and Narrative Developers.
- User Experience (UX) and User Interface (UI) Designers.
- Screenwriters and Authors.
- Educators and Training Developers.
- Digital Artists and Animators.

Target Sectors and Industries:

- Media and Entertainment.
- Advertising and Public Relations.
- Journalism and Broadcasting.
- Film and Television Production.
- Education and E-Learning.
- Technology and Software Development.
- Gaming and Interactive Entertainment.
- Museums, Arts, and Culture.
- Governmental and Non-Profit Communications.
- Corporate Training and Development.

Target Organizations Departments:

- Content Production and Development.
- Marketing and Brand Management.
- Digital Strategy and Innovation.
- Research and Development (R&D).
- Corporate Communications and Public Affairs.
- Training and Human Resources.
- Creative and Design Services.
- Product Development.

Course Offerings:

By the end of this course, the participants will have able to:

- Develop compelling narrative structures specifically designed for immersive platforms.
- Master the fundamentals of 360-degree video pre-production, production, and post-production.
- Apply core principles of user experience (UX) design to create comfortable and engaging VR environments.
- Integrate spatial audio techniques to enhance immersion and guide user attention.
- Analyze and deconstruct successful case studies of VR and immersive storytelling projects.
- Formulate a comprehensive content strategy for an immersive media project.
- Evaluate the ethical implications and responsibilities of creating immersive experiences.
- Navigate the current landscape of VR hardware, software, and distribution platforms.
- Design interactive elements that grant users meaningful agency within a story.
- Create a project proposal for an original immersive storytelling concept.

Course Methodology:

The training methodology at BIG BEN Training Center is centered on experiential learning and practical application. This course adopts a highly interactive and collaborative approach, ensuring participants learn by doing. Theoretical sessions will introduce foundational concepts, from narrative architecture for VR to the psychology of presence, which are then immediately reinforced through hands-on workshops and group activities. Participants will engage in practical exercises such as storyboarding for 360-degree environments, prototyping interactive narratives, and analyzing user feedback. Case studies of pioneering immersive projects will be deconstructed in group discussions to understand what makes them effective. The methodology emphasizes a continuous feedback loop, with peer reviews and expert-led critiques helping to refine ideas and skills throughout the five days. This blended learning environment, combining expert instruction with collaborative project-based work, ensures that participants not only grasp the concepts but also build the confidence to apply them creatively and strategically in their professional roles.

Course Agenda (Course Units):

Unit One: Foundations of Immersive Media and Storytelling

- Introduction to Immersive Technologies (VR, AR, MR, XR).
- The History and Evolution of Virtual Reality.
- Understanding the Psychology of Presence and Immersion.
- Key Differences Between Traditional and Immersive Narratives.
- Overview of Current VR/AR Hardware and Platforms.
- Core Terminology and Concepts in Spatial Computing.
- Analyzing Seminal Works in Immersive Storytelling.

Unit Two: Crafting the Narrative for Immersive Experiences

- Principles of World-Building for Interactive Environments.
- Designing for User Agency and Choice.
- Character Development in a Participatory Context.
- Structuring Non-Linear and Branching Narratives.
- The Role of the "Observer" vs. the "Participant".
- Scripting and Storyboarding for 360-Degree and Interactive Content.
- Emotional Design and Empathy in VR.

Unit Three: The Immersive Content Production Pipeline

- Pre-Production Planning and Concept Development for VR.
- Fundamentals of 360-Degree Cinematography and Camera Techniques.
- Introduction to Spatial Audio Recording and Design.
- Lighting and Environment Design for Immersive Worlds.
- Post-Production Workflow: Stitching, Editing, and Color Grading.
- Introduction to Game Engines (Unity/Unreal) for Interactive VR.
- Prototyping and Iterative Design Processes.

Unit Four: User Experience (UX) and Interaction Design for VR

- Core Principles of UX Design for Immersive Environments.
- Designing for User Comfort and Preventing Motion Sickness.
- Creating Intuitive User Interfaces and Control Schemes.
- The Role of Haptics and Embodied Interaction.
- User Testing Methodologies for VR Experiences.
- Onboarding Users and Guiding Attention Seamlessly.
- Accessibility and Inclusive Design in Immersive Media.

Unit Five: Distribution, Monetization, and the Future of Immersive Media

- The Current Landscape of VR Distribution Platforms.
- Business Models and Monetization Strategies for Immersive Content.
- Ethical Considerations: Data Privacy, Bias, and Psychological Impact.
- The Future of Storytelling: Volumetric Video and AI Integration.
- Introduction to WebXR and Browser-Based Immersive Experiences.
- Developing a Go-to-Market Strategy for a VR Project.
- Final Project Presentations and Peer Feedback Session.

FAQ:

Qualifications required for registering to this course?

There are no requirements.

How long is each daily session, and what is the total number of training hours for the course?

This training course spans five days, with daily sessions ranging between 4 to 5 hours, including breaks and interactive activities, bringing the total duration to 20 - 25 training hours.

Something to think about:

As immersive technologies blur the lines between observer and participant, what new ethical responsibilities must storytellers assume to protect the psychological well-being of their audience?

What unique qualities does this course offer compared to other courses?

This course distinguishes itself by focusing on the art and psychology of storytelling within immersive media, rather than solely on the technical operation of hardware and software. While many programs teach the "how," we prioritize the "why," delving into narrative architecture, user agency, and the principles of creating genuine emotional resonance and presence. We move beyond basic 360-video production to explore the complex challenges of interactive narrative design and ethical world-building. The curriculum is uniquely forward-looking, dedicating significant time to the emerging business models, distribution strategies, and critical ethical considerations that will define the next decade of the industry. Participants will not just learn to use tools; they will learn to think like immersive storytellers, user experience designers, and media strategists. The emphasis on case studies, practical workshops, and a capstone project proposal ensures that attendees leave with not only new knowledge but also a tangible, portfolio-ready concept and the strategic framework to bring it to life.