Employment Law and HR Compliance for Managers Training Course



28 Dec 2026 - 01 Jan 2027

Tokyo

5800 € (Per Person)

Ref: #LEG6299_181041

Course Introduction / Overview:

Navigating the complex landscape of employment law is a critical responsibility for any manager or HR professional. Failure to comply with legal obligations can lead to significant financial penalties, reputational damage, and a decline in employee morale. This course is meticulously designed to equip non-legal managers and business leaders with the essential knowledge and practical skills to manage their teams confidently and in full compliance with current workplace regulations. We will demystify legal jargon and translate complex statutes into actionable, everyday management practices. As noted by the esteemed author Gary Dessler in his foundational text, "Human Resource Management," effective people management is intrinsically linked to a solid understanding of the legal framework governing the employer-employee relationship. This program, offered by BIG BEN Training Center, moves beyond theoretical knowledge by focusing on real-world scenarios, from hiring and performance management to disciplinary actions and termination. Participants will learn to identify potential legal risks, implement preventative measures, and foster a fair, respectful, and legally sound work environment, thereby protecting both the organization and its most valuable asset, its people.

Target Audience / This training course is suitable for:

- Human Resources Managers and Generalists.
- Department Heads and Team Leaders.
- Operations Managers and Supervisors.
- Small Business Owners and Entrepreneurs.
- Newly appointed managers with people responsibilities.
- Senior executives seeking a refresher on legal compliance.
- Anyone involved in the hiring, managing, or termination of employees.

Target Sectors and Industries:

- Information Technology and Services.
- Healthcare and Pharmaceuticals.
- Financial Services and Banking.
- Retail and Consumer Goods.
- Manufacturing and Engineering.
- Hospitality and Tourism.
- Professional Services and Consulting.
- Governmental and Public Sector Organizations.
- Non-Profit and Charitable Organizations.

Target Organizations Departments:

- Human Resources.
- Operations Management.
- Line Management and Departmental Supervision.
- Legal and Compliance.
- Executive Leadership.
- Administration.
- Project Management.

Course Offerings:

By the end of this course, the participants will have able to:

- Identify key sources of employment law and understand the employer-employee relationship.
- Conduct legally compliant recruitment, interviewing, and hiring processes.
- Manage wage and hour regulations to ensure proper employee compensation.
- Address issues of discrimination, harassment, and retaliation effectively.
- Implement fair and consistent performance management and disciplinary procedures.
- Navigate the complexities of employee leave, including FMLA and ADA accommodations.
- Execute lawful termination processes to minimize legal risk.
- Develop and apply legally sound workplace policies and employee handbooks.
- Confidently handle employee grievances and internal investigations.
- Understand the legal implications of remote work and modern workplace challenges.

Course Methodology:

The training methodology at BIG BEN Training Center is designed to be highly interactive, engaging, and practical, ensuring that participants can immediately apply their learning in the workplace. We believe that adult learning is most effective when it is experiential and directly relevant to professional challenges. Therefore, this course moves beyond traditional lectures and incorporates a dynamic blend of learning techniques. A significant portion of the program is dedicated to the analysis of real-world case studies, allowing participants to dissect complex legal scenarios and debate potential outcomes in a safe environment. Facilitated group discussions and brainstorming sessions encourage peer-to-peer learning and the sharing of diverse perspectives. Interactive workshops and role-playing exercises, such as conducting a disciplinary meeting or a workplace investigation interview, provide hands-on experience in navigating sensitive situations. Participants will receive constructive feedback from the instructor and peers, helping to build confidence and refine their skills. The course fosters a collaborative atmosphere where questions are encouraged, and complex topics are broken down into manageable, understandable concepts for non-legal professionals.

Course Agenda (Course Units):

Unit One: Foundations of Employment Law and the Legal Framework

- Introduction to the sources of employment law.
- Defining the employer, employee, and independent contractor relationship.
- Key legislation affecting the workplace.
- Understanding employment contracts and at-will employment.
- The role of company policies and employee handbooks.
- Navigating legal compliance and risk management.
- Common legal pitfalls for managers to avoid.

Unit Two: Lawful Recruitment, Hiring, and Onboarding

- Legal considerations in job descriptions and advertising.
- Best practices for conducting lawful interviews.
- Avoiding discriminatory questions and practices.
- The legalities of background checks and references.
- Crafting legally sound offer letters and employment agreements.
- Proper onboarding procedures and documentation.
- Understanding immigration law and employment eligibility verification.

Unit Three: Managing the Workforce in Compliance

- Wage and hour laws, overtime, and proper pay practices.
- Preventing discrimination, harassment, and retaliation.
- Understanding Title VII, ADEA, and other key anti-discrimination laws.
- Managing employee performance and providing feedback legally.
- Reasonable accommodations under the Americans with Disabilities Act (ADA).
- Administering employee leave under the Family and Medical Leave Act (FMLA).
- Employee privacy rights in the workplace.

Unit Four: Handling Discipline, Grievances, and Terminations

- Developing a fair and consistent disciplinary process.
- Conducting effective and legally defensible workplace investigations.
- Documenting performance issues and disciplinary actions.
- Managing employee grievances and internal complaints.
- Strategies for lawful and compassionate terminations.
- Understanding wrongful termination and constructive discharge.
- Conducting exit interviews and managing final pay requirements.

Unit Five: Modern Workplace Challenges and Advanced Topics

- Developing remote and hybrid work policies.
- Legal issues related to social media and off-duty conduct.
- Data protection and employee privacy (GDPR/CCPA considerations).
- Managing workplace health and safety obligations.
- Handling reductions in force and layoffs legally.
- Alternative dispute resolution methods.
- Staying current with evolving employment legislation.

FAQ:

Qualifications required for registering to this course?

There are no requirements.

How long is each daily session, and what is the total number of training hours for the course?

This training course spans five days, with daily sessions ranging between 4 to 5 hours, including breaks and interactive activities, bringing the total duration to 20 - 25 training hours.

Something to think about:

How can a manager effectively balance strict legal compliance with the need to foster a flexible, innovative, and trust-based work culture?

What unique qualities does this course offer compared to other courses?

This course distinguishes itself by focusing relentlessly on the practical application of employment law from the manager's perspective, rather than presenting a dry, theoretical overview of statutes. While many programs simply list legal requirements, this training translates complex legal principles into actionable strategies and communication techniques that managers can use immediately. Its core strength lies in its use of realistic, nuanced case studies that mirror the complex situations managers face daily, forcing participants to move beyond right-or-wrong answers and develop critical thinking and decision-making skills. The curriculum is specifically designed for a non-legal audience, demystifying jargon and building confidence in handling sensitive employee issues. Furthermore, the course emphasizes a proactive, preventative approach to legal risk. It equips managers not just to react to problems, but to build a positive and compliant workplace culture that minimizes legal challenges from the outset. The focus is on empowering leaders to make informed, ethical, and legally sound decisions that protect the organization while treating employees with fairness and respect, ultimately fostering a more engaged and productive workforce.