Corporate Insolvency and Restructuring Strategies Training Course



30 Nov - 04 Dec 2026

Cape town

4600 € (Per Person)

Ref: #LEG5364_292715

Course Introduction / Overview:

Navigating the complex landscape of corporate financial distress requires a sophisticated understanding of both legal frameworks and strategic financial management. This intensive training course provides a comprehensive exploration of insolvency, bankruptcy, and corporate restructuring from A to Z. It delves into the critical procedures and strategic choices available to companies facing financial turmoil, their creditors, and other stakeholders. Drawing on foundational principles and contemporary practices, the curriculum is designed to be both rigorous and practical. As noted by the renowned academic Edward Altman, the creator of the Z-score for predicting bankruptcy, early detection and proactive strategy are paramount. This course echoes that sentiment, moving beyond mere legal compliance to focus on value preservation and strategic turnaround. Participants will dissect complex cases and apply theoretical knowledge from texts like "Corporate Financial Distress and Bankruptcy" to real-world scenarios. BIG BEN Training Center has developed this program to equip professionals with the foresight and skills to manage corporate distress effectively, transforming potential crises into opportunities for renewal and growth.

Target Audience / This training course is suitable for:

- Lawyers and Legal Counsel.
- Financial Analysts and Advisors.
- Corporate Accountants and Auditors.
- Banking and Credit Professionals.
- Insolvency Practitioners and Liquidators.
- Corporate Directors and Senior Executives.
- Risk Management Professionals.
- Government Regulators and Policymakers.
- Private Equity and Venture Capital Professionals.

Target Sectors and Industries:

- Banking and Financial Services.
- Legal and Professional Services Firms.
- Manufacturing and Industrial Sectors.
- Real Estate and Construction.
- Retail and Consumer Goods.
- Telecommunications and Technology.
- Governmental agencies and regulatory bodies.
- Private Equity and Investment Firms.

Target Organizations Departments:

- Legal Department.
- Finance and Treasury Department.
- Accounting and Auditing Department.
- Risk Management and Compliance.
- Corporate Strategy and Development.
- Credit and Lending Departments.
- Investment and Portfolio Management.

Course Offerings:

By the end of this course, the participants will have able to:

- Analyze the legal frameworks governing corporate insolvency and bankruptcy proceedings.
- Differentiate between various restructuring options, including workouts, reorganizations, and liquidations.
- Develop and evaluate effective turnaround strategies for distressed companies.
- Understand the rights and priorities of different classes of creditors.
- Navigate the complexities of debtor-in-possession (DIP) financing.
- Assess the challenges and legal implications of cross-border insolvency cases.
- Conduct due diligence for distressed mergers and acquisitions.
- Manage stakeholder negotiations during restructuring processes.
- Apply valuation techniques for distressed assets and businesses.
- Implement post-restructuring governance and monitoring plans.

Course Methodology:

The training methodology at BIG BEN Training Center is designed to be immersive, interactive, and highly practical. This course moves beyond traditional lectures to foster a deep, applicable understanding of corporate insolvency and restructuring. A cornerstone of our approach is the extensive use of case studies, analyzing landmark corporate failures and successful turnarounds to extract actionable lessons. Participants will engage in dynamic group discussions and collaborative workshops, allowing them to debate complex legal and financial scenarios and share diverse perspectives. Interactive sessions will include simulations of creditor negotiations and the development of a restructuring plan for a hypothetical distressed company. Practical exercises will focus on financial modeling for debt capacity and asset valuation. Our expert instructors facilitate a learning environment where feedback is continuous and constructive, ensuring that participants can confidently apply the acquired knowledge to their professional roles. The emphasis is on bridging the gap between theory and real-world application, empowering attendees with the skills to manage financial distress strategically and effectively.

Course Agenda (Course Units):

Unit One: Foundations of Corporate Insolvency and Bankruptcy

- Introduction to corporate financial distress and its causes.
- Key terminology and concepts in insolvency and bankruptcy.
- Overview of major international legal frameworks (e.g., Chapter 11, UK Administration).
- Distinguishing between liquidation and reorganization.
- The role and duties of directors in the vicinity of insolvency.
- Identifying the early warning signs of corporate distress.
- The legal triggers for initiating insolvency proceedings.

Unit Two: Corporate Restructuring and Turnaround Strategies

- Informal workouts and out-of-court restructuring agreements.
- Developing a viable turnaround and business rescue plan.
- Financial restructuring techniques and debt rescheduling.
- Operational restructuring for efficiency and cost reduction.
- The role of financial advisors and turnaround managers.
- Negotiating with key stakeholders, including lenders and suppliers.
- Asset sales and divestitures as a restructuring tool.

Unit three: Navigating Formal Bankruptcy Proceedings

- Commencement of formal insolvency and bankruptcy processes.
- The automatic stay and its implications for creditors.
- The roles and responsibilities of insolvency practitioners, trustees, and administrators.
- Debtor-in-Possession (DIP) financing and its importance.
- Formulating and approving a plan of reorganization.
- Creditor committees and their function in the process.
- Claims administration and priority of payments.

Unit Four: Advanced Topics in Insolvency and Restructuring

- Cross-border insolvency and international legal cooperation.
- The UNCITRAL Model Law on Cross-Border Insolvency.
- Distressed mergers and acquisitions (M&A).
- Valuation of assets and businesses in a distress context.
- Fraudulent conveyance and preference claim litigation.
- Lender liability and equitable subordination issues.
- Special considerations for specific industries and regulated entities.

Unit Five: Post-Restructuring Implementation and Case Studies

- Implementing the confirmed reorganization plan.
- Corporate governance in the post-restructuring environment.
- Monitoring performance and preventing future distress.
- In-depth analysis of a major corporate liquidation case.
- Case study of a successful corporate turnaround and reorganization.
- Examining the impact of economic cycles on insolvency trends.
- Future directions and emerging challenges in insolvency law.

FAQ:

Qualifications required for registering to this course?

There are no requirements.

How long is each daily session, and what is the total number of training hours for the course?

This training course spans five days, with daily sessions ranging between 4 to 5 hours, including breaks and interactive activities, bringing the total duration to 20 - 25 training hours.

Something to think about:

In an era of global economic volatility, is the primary goal of insolvency law to preserve the business as a going concern or to maximize recovery for creditors, and can these two objectives ever be fully reconciled?

What unique qualities does this course offer compared to other courses?

This course distinguishes itself by offering a holistic and strategic perspective that integrates legal doctrine with financial and operational realities. While many programs focus narrowly on the legal procedures of bankruptcy, this training course emphasizes the proactive and strategic aspects of corporate restructuring and turnaround management. It provides a multidisciplinary lens, equipping participants not just with knowledge of the law, but with the financial acumen to assess viability, negotiate with diverse stakeholders, and develop sustainable recovery plans. A key differentiator is the significant focus on cross-border insolvency, a critical and often-overlooked area in our globalized economy. By dissecting complex international cases and the application of frameworks like the UNCITRAL Model Law, the course prepares professionals for the real-world challenges of multinational corporate distress. The curriculum is built upon contemporary case studies, ensuring the content is not merely academic but immediately relevant and applicable to current market conditions. The emphasis is on developing strategic foresight, enabling participants to manage financial distress as a complex business problem requiring a sophisticated blend of legal, financial, and managerial expertise.