Legal Frameworks for Corporate Restructuring and Insolvency Training Course

02 - 06 Nov 2026

LONDON

5900 € (Per Person)

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Course Introduction / Overview:

This intensive training course provides a comprehensive exploration of the critical legal and financial strategies involved in corporate restructuring, insolvency, and bankruptcy. In today's volatile economic landscape, understanding how to navigate financial distress is an indispensable skill for legal, financial, and corporate professionals. The curriculum is designed to move beyond theoretical principles to offer practical, actionable insights into both informal workouts and formal insolvency proceedings. We will delve into the complex interplay between debtor protections, creditor rights, and the overarching goal of value preservation. Drawing on the foundational work of academics like Edward I. Altman, whose Z-score model remains a benchmark for predicting corporate failure, this course examines the full lifecycle of corporate distress. Participants will analyze frameworks discussed in seminal texts such as "Corporate Financial Distress and Bankruptcy" to understand the strategic choices available to a struggling enterprise. BIG BEN Training Center has developed this program to equip attendees with the expertise to manage turnarounds, negotiate restructuring plans, and effectively navigate the legal intricacies of liquidation and reorganization, ensuring they can protect stakeholder interests and maximize outcomes in challenging situations.

Target Audience / This training course is suitable for:

- Lawyers and Corporate Counsel.
- Insolvency Practitioners and Administrators.
- Financial Advisors and Restructuring Consultants.
- Banking and Credit Professionals.
- Accountants and Auditors.
- Private Equity and Distressed Debt Investors.
- Corporate Directors and Senior Executives.
- Risk and Compliance Managers.
- Judges and Regulatory Officials.

Target Sectors and Industries:

- Banking and Financial Services.
- Legal and Professional Services Firms.
- Private Equity and Venture Capital.
- Manufacturing and Industrial Sectors.
- Retail and Consumer Goods.
- Real Estate and Construction.
- Telecommunications and Technology.
- Governmental and Regulatory Bodies.

Target Organizations Departments:

- Legal and Corporate Affairs.
- Finance and Treasury.
- Credit and Risk Management.
- Compliance and Internal Audit.
- Corporate Strategy and Development.
- Mergers and Acquisitions (M&A).
- Investment and Portfolio Management.

Course Offerings:

By the end of this course, the participants will have able to:

- Analyze the early warning signs of corporate financial distress.
- Differentiate between various informal and formal restructuring options.
- Navigate the legal procedures for bankruptcy, liquidation, and reorganization.
- Understand the rights and remedies available to secured and unsecured creditors.
- Evaluate the duties and potential liabilities of directors in times of insolvency.
- Structure and negotiate effective out-of-court workout agreements.
- Comprehend the complexities of cross-border insolvency proceedings.
- Assess the strategic implications of debtor-in-possession (DIP) financing.
- Develop a framework for maximizing value for all stakeholders during a restructuring process.

Course Methodology:

The training methodology at BIG BEN Training Center is designed to be highly interactive, practical, and engaging, ensuring participants can apply learned concepts directly to their professional roles. This course moves beyond traditional lectures by integrating a dynamic blend of teaching techniques. A cornerstone of our approach is the extensive use of real-world case studies, examining both landmark corporate failures and successful turnarounds to deconstruct the strategic decisions and legal maneuvers involved. Participants will engage in collaborative group workshops and simulation exercises, such as negotiating a restructuring plan from different stakeholder perspectives or participating in a mock creditors' committee meeting. Expert-led sessions will break down complex legal doctrines and financial models into understandable components. The program fosters a participatory learning environment where open discussion, debate, and peer-to-peer knowledge sharing are actively encouraged. Continuous feedback is provided throughout the sessions, allowing participants to refine their understanding and build confidence in handling high-stakes corporate restructuring and insolvency scenarios. This immersive approach ensures a deep and lasting comprehension of the subject matter.

Course Agenda (Course Units):

Unit One: Foundations of Corporate Distress and Restructuring

- Introduction to Corporate Insolvency and Financial Distress.
- Analyzing the Root Causes of Business Failure.
- Early Warning Signs and Predictive Models like the Altman Z-Score.
- Overview of the Global Restructuring Landscape.
- Distinguishing Between Informal Workouts and Formal Proceedings.
- Key Terminology in Insolvency and Bankruptcy Law.
- The Legal and Ethical Roles of Key Professionals.

Unit Two: Informal Workouts and Out-of-Court Restructuring

- The Rationale for Avoiding Formal Insolvency.
- Negotiating Standstill Agreements and Moratoria.
- Crafting and Implementing Workout and Restructuring Plans.
- Techniques of Financial Restructuring: Debt-for-Equity Swaps and Rescheduling.
- The Role of Creditor Committees in Informal Negotiations.
- Legal Documentation for Out-of-Court Agreements.
- Challenges and Risks of Informal Restructuring Processes.

Unit Three: Formal Insolvency and Bankruptcy Proceedings

- An Introduction to Formal Liquidation (Winding-Up) Processes.
- Corporate Reorganization Frameworks (e.g., Chapter 11).
- Administration and Receivership Procedures.
- Commencing Formal Proceedings: Voluntary vs. Involuntary Petitions.
- The Automatic Stay and its Impact on Creditors.
- The Role and Powers of the Insolvency Practitioner or Trustee.
- Formulating, Proposing, and Approving a Plan of Reorganization.

Unit Four: Key Stakeholders and Complex Legal Issues

- Defining and Prioritizing Creditor Claims (Secured, Unsecured, Priority).
- The Rights and Protections of Debtors.
- Directors' Duties and Liabilities in the Zone of Insolvency.
- Clawback Provisions: Voidable Transactions, Preferences, and Fraudulent Conveyance.
- Subordination Agreements and Their Enforcement in Bankruptcy.
- Managing Employee Claims and Pension Obligations.
- The Role of the Courts and Judiciary in Insolvency Cases.

Unit Five: Advanced Topics and Cross-Border Insolvency

- Debtor-in-Possession (DIP) Financing and Super-Priority Loans.
- Distressed Mergers and Acquisitions (M&A) and Section 363 Sales.
- Pre-Packaged and Pre-Arranged Insolvency Plans.
- Introduction to International Insolvency Frameworks.
- The UNCITRAL Model Law on Cross-Border Insolvency.
- The European Union Insolvency Regulation.
- Challenges in Multinational Corporate Group Insolvencies.

FAQ:

Qualifications required for registering to this course?

There are no requirements.

How long is each daily session, and what is the total number of training hours for the course?

This training course spans five days, with daily sessions ranging between 4 to 5 hours, including breaks and interactive activities, bringing the total duration to 20 - 25 training hours.

Something to think about:

In an era of increasing economic volatility, should the primary goal of insolvency law be creditor recovery, business preservation, or a more complex balance of societal interests like employment retention?

What unique qualities does this course offer compared to other courses?

This training course distinguishes itself by offering a deeply integrated perspective that bridges the critical gap between legal doctrine, financial strategy, and operational reality in corporate distress situations. While many programs focus narrowly on either the legal statutes or the financial modeling, this course synthesizes these elements into a holistic decision-making framework. We move beyond a single-jurisdiction analysis to provide a comparative overview of key international frameworks, including the UNCITRAL Model Law, equipping participants with the global perspective necessary for handling complex cross-border insolvencies. The curriculum is built around strategic application rather than rote memorization, using sophisticated case studies that challenge participants to weigh competing stakeholder interests and craft viable turnaround strategies under pressure. The emphasis is on the "why" behind the law—the economic and policy objectives that shape different restructuring regimes. This approach fosters a higher level of critical thinking, enabling participants to not only understand the rules but to strategically navigate them to achieve optimal outcomes for their organizations or clients.