IT Governance, Risk, and Compliance (GRC) Professional Training Course



28 Dec 2026 - 01 Jan 2027

Tokyo

5800 € (Per Person)

Ref: #IT1641_157875

Course Introduction / Overview:

In today's complex digital landscape, organizations face unprecedented challenges in aligning IT operations with business strategy while managing risks and adhering to a growing web of regulations. A siloed approach to governance, risk, and compliance is no longer viable, leading to inefficiencies, blind spots, and increased vulnerability. This comprehensive training course provides a holistic and integrated framework for managing IT GRC effectively. As noted by renowned author Richard Steinberg in his work "Governance, Risk Management, and Compliance: It Can't Really Be That Difficult," the key is a unified approach. This program, offered by BIG BEN Training Center, is designed to transform your understanding from theoretical concepts to practical application. We will deconstruct complex frameworks like COBIT and NIST, enabling you to build and manage a robust GRC program that not only ensures compliance but also drives business value, enhances decision-making, and fosters a culture of accountability and transparency across the enterprise. This course is your definitive guide to mastering the critical disciplines that underpin modern corporate resilience and strategic success.

Target Audience / This training course is suitable for:

- IT Managers and Directors.
- Information Security Professionals.
- Risk Managers and Analysts.
- Compliance Officers and Managers.
- Internal and External Auditors.
- IT Consultants and Advisors.
- Business Continuity Planners.
- Legal and Corporate Governance Professionals.
- Project Managers overseeing IT initiatives.
- Executives and Senior Leaders seeking to understand IT risk.

Target Sectors and Industries:

- Banking and Financial Services.
- Healthcare and Pharmaceuticals.
- Technology and Telecommunications.
- Government and Public Sector Agencies.
- Retail and E-commerce.
- Energy and Utilities.
- Manufacturing and Supply Chain.
- Insurance and Risk Management.
- Consulting and Professional Services.

Target Organizations Departments:

- Information Technology (IT) and Information Security.
- Internal Audit and Assurance.
- Risk Management.
- Legal and Compliance.
- Finance and Accounting.
- Corporate Governance.
- Operations Management.
- Procurement and Vendor Management.
- Human Resources.

Course Offerings:

By the end of this course, the participants will have able to:

- Develop and implement a comprehensive and integrated GRC framework.
- Align IT strategy with overarching business objectives for maximum value delivery.
- Conduct thorough IT risk assessments using industry-standard methodologies.
- Design and implement effective risk mitigation and control strategies.
- Navigate complex regulatory landscapes including GDPR, SOX, and HIPAA.
- Establish a robust IT compliance program to ensure adherence to legal and policy requirements.
- Prepare for and manage internal and external IT audits effectively.
- Measure and report on the performance and maturity of the GRC program.
- Foster a strong risk-aware and compliance-oriented culture within the organization.
- Leverage GRC principles to improve strategic decision-making and operational efficiency.

Course Methodology:

The training methodology at BIG BEN Training Center is designed to be immersive, practical, and highly interactive, ensuring that participants gain tangible skills they can apply immediately in their professional roles. We move beyond traditional lectures to create a dynamic learning environment centered on real-world application. The course heavily utilizes case studies drawn from diverse industries, allowing participants to analyze complex GRC challenges and develop strategic solutions. Collaborative group exercises and workshops encourage peer-to-peer learning and the exchange of diverse perspectives. Expert-led sessions will guide participants through the intricacies of GRC frameworks, risk assessment techniques, and compliance management. Interactive discussions, Q&A sessions, and practical simulations are integrated throughout the five days to reinforce key concepts and build confidence. Participants will receive continuous feedback from the instructor, helping them to refine their understanding and approach. This hands-on, engaging methodology ensures a deep and lasting mastery of IT governance, risk, and compliance principles.

Course Agenda (Course Units):

Unit One: Foundations of Integrated IT GRC

- Introduction to Governance, Risk, and Compliance (GRC).
- The business case for an integrated GRC approach.
- Differentiating between governance, risk management, and compliance.
- Key principles and components of a GRC framework.
- Understanding the roles and responsibilities in a GRC structure.
- Exploring major GRC frameworks such as COBIT and ITIL.
- The impact of corporate culture on GRC effectiveness.

Unit Two: Implementing Effective IT Governance

- Aligning IT strategy with business goals and objectives.
- Principles of effective IT governance and strategic alignment.
- Value delivery and performance measurement in IT.
- Resource management and optimization.
- Stakeholder engagement and communication strategies.
- Developing IT policies, standards, and procedures.
- Case study on implementing a successful IT governance model.

Unit Three: Advanced IT Risk Management Strategies

- The complete IT risk management lifecycle.
- Techniques for risk identification and categorization.
- Qualitative and quantitative risk assessment methodologies.
- Implementing the NIST Cybersecurity Framework for risk management.
- Developing risk appetite and risk tolerance statements.
- Designing and implementing effective risk treatment plans and controls.
- Monitoring, reviewing, and reporting on IT risks.

Unit Four: Mastering IT Compliance and Regulatory Requirements

- Understanding the modern regulatory landscape.
- Deep dive into key regulations (e.g., GDPR, SOX, HIPAA, PCI DSS).
- Building and managing a sustainable IT compliance program.
- Conducting compliance assessments and gap analysis.
- The role of technology in automating compliance activities.
- Managing and responding to internal and external audits.
- Policy management and evidence collection for compliance.

Unit Five: GRC Integration, Maturity, and Future Trends

- Integrating GRC processes across the organization for a single source of truth.
- Assessing GRC program maturity and creating a roadmap for improvement.
- Selecting and implementing GRC tools and technologies.
- Key metrics and dashboards for reporting GRC performance to leadership.
- Managing third-party and vendor risk within the GRC framework.
- Emerging trends in GRC such as AI, automation, and integrated risk management.
- Capstone exercise: Developing a GRC implementation plan for a sample organization.

FAQ:

Qualifications required for registering to this course?

There are no requirements.

How long is each daily session, and what is the total number of training hours for the course?

This training course spans five days, with daily sessions ranging between 4 to 5 hours, including breaks and interactive activities, bringing the total duration to 20 - 25 training hours.

Something to think about:

How can an organization balance the agility required for innovation with the structured control demanded by GRC frameworks without stifling growth?

What unique qualities does this course offer compared to other courses?

This course distinguishes itself by focusing on the strategic integration of governance, risk, and compliance, rather than treating them as separate, siloed functions. While many programs cover the theoretical aspects of individual frameworks, our curriculum emphasizes the practical art of weaving these disciplines into the fabric of an organization to drive business value and resilience. We move beyond a mere checklist approach to compliance, teaching participants how to align GRC activities with strategic business objectives, thereby transforming a cost center into a strategic enabler. The course content is built around real-world case studies and hands-on exercises that challenge participants to solve complex GRC problems. Our expert instructors provide insights not just on what to do, but why, fostering a deep, critical understanding of the principles involved. The focus is on building a sustainable GRC culture and a mature, forward-looking program that anticipates future risks and regulations, ensuring participants leave with actionable strategies rather than just academic knowledge.