



ENHANCING STRATEGIC DECISION MAKING AND COGNITIVE AGILITY TRAINING COURSE

07 - 11 DEC 2026

TOKYO

5800 € (PER PERSON)

REF: #IS7773_23307



Course Introduction / Overview:

In today's rapidly evolving global landscape, the ability to make astute strategic decisions and demonstrate cognitive agility is paramount for organizational success and sustained competitive advantage. This comprehensive training course, offered by BIG BEN Training Center, is meticulously designed to equip professionals with the advanced strategic decision-making skills and mental flexibility required to navigate complexity, uncertainty, and rapid change. Participants will delve into the core principles of effective decision science, exploring how to overcome common decision biases and heuristics that often impede sound judgment. Drawing insights from leading academic research, including the seminal work of Daniel Kahneman in "Thinking, Fast and Slow," this program provides a robust framework for critical thinking and problem-solving techniques. We emphasize developing a mindset for strategic thinking, fostering an environment where data-driven decision making and innovative solutions thrive. This course is a deep dive into building organizational adaptability and resilience, ensuring leaders can formulate and execute strategies that future-proof their enterprises. It moves beyond theoretical concepts to deliver practical applications, empowering participants to make high-stakes decisions with confidence and precision, ultimately enhancing leadership judgment and driving strategic execution.

Target Audience / This training course is suitable for:

- Senior Managers and Directors.
- Executive Leaders and C-Suite Professionals.
- Strategic Planners and Business Development Managers.
- Project Managers and Program Leaders.
- Team Leaders and Supervisors aspiring to strategic roles.
- Consultants and Advisors.
- Entrepreneurs and Business Owners.
- Professionals involved in organizational change management.



Target Sectors and Industries:

- Technology and IT Services.
- Financial Services and Banking.
- Healthcare and Pharmaceuticals.
- Manufacturing and Engineering.
- Retail and Consumer Goods.
- Energy and Utilities.
- Telecommunications.
- Consulting Services.
- Government Agencies and Public Sector Organizations.
- Non-Profit and International Development.

Target Organizations Departments:

- Strategy and Planning Departments.
- Executive Leadership Offices.
- Operations Management.
- Human Resources and Talent Development.
- Marketing and Sales.
- Finance and Investment.
- Research and Development.
- Project Management Offices.
- Risk Management.
- Innovation and Digital Transformation Units.



Course Offerings:

By the end of this course, the participants will have able to:

- Analyze complex business challenges using strategic thinking models.
- Identify and mitigate cognitive biases in their decision-making processes.
- Develop and apply frameworks for agile decision-making strategies.
- Enhance critical thinking for business leaders to improve judgment.
- Utilize advanced problem-solving techniques for executives.
- Implement scenario planning and strategic foresight for future-proofing organizational strategy.
- Foster a culture of organizational adaptability and resilience building.
- Apply ethical decision-making frameworks in high-stakes situations.
- Drive data-driven decision making and strategic execution.
- Cultivate a mindset for developing cognitive agility and leadership judgment improvement.

Course Methodology:

BIG BEN Training Center employs a highly interactive and practical training methodology designed to maximize learning and retention. This course integrates a blend of dynamic approaches, including engaging lectures, facilitated group discussions, and real-world case studies that challenge participants to apply strategic decision-making skills in diverse scenarios. We utilize interactive sessions and collaborative decision-making exercises, encouraging participants to work in teams to solve complex problems, fostering peer learning and diverse perspectives. Role-playing simulations provide a safe environment to practice high-stakes decision making and receive constructive feedback. The methodology emphasizes experiential learning, allowing participants to immediately apply new concepts and techniques to their professional contexts. Continuous feedback mechanisms are embedded throughout the course, ensuring personalized guidance and reinforcement of learning. This approach ensures that participants not only grasp theoretical frameworks but also develop the practical capabilities and cognitive agility necessary for effective leadership development and strategic foresight in their organizations.



Course Agenda (Course Units):

Unit One: Foundations of Strategic Decision Making

- Introduction to strategic thinking and its importance.
- Defining strategic decisions and their organizational impact.
- Understanding the comprehensive decision-making process.
- The critical role of information and data in strategic choices.
- Identifying various decision-making styles and their implications.
- Strategic frameworks for environmental analysis and problem identification.
- Ethical considerations and corporate social responsibility in strategic decisions.

Unit Two: Cognitive Biases and Heuristics

- Exploring common cognitive biases affecting strategic judgments.
- Understanding heuristics and their influence on rapid decision making.
- Impact of biases on strategic planning and execution.
- Techniques for recognizing and effectively mitigating biases.
- Behavioral economics insights for executive decision makers.
- The work of Daniel Kahneman on System 1 and System 2 thinking.
- Developing self-awareness and reflective practices in decision processes.

Unit Three: Developing Cognitive Agility

- Defining cognitive agility and its critical importance in leadership.
- Strategies for enhancing mental flexibility and adaptability.
- Adapting to uncertainty and managing rapid organizational change.
- Cultivating an agile mindset for modern leaders.
- Problem-solving in complex and dynamic business environments.
- Learning from diverse perspectives and fostering inclusive decision making.
- Building resilience and mental toughness in strategic thinking.



Unit Four: Advanced Strategic Decision Tools and Techniques

- Scenario planning and strategic foresight methodologies.
- Comprehensive risk assessment and management in decision making.
- Data-driven decision-making approaches and analytics.
- Decision matrices, analytical tools, and quantitative methods.
- Collaborative decision-making models and consensus building.
- Innovation and creative problem-solving techniques for strategic challenges.
- Implementing strategic choices and monitoring their effectiveness.

Unit Five: Leading with Strategic Insight and Agility

- Integrating strategic decision making into effective leadership practices.
- Fostering a culture of agile decision making within organizations.
- Communicating strategic decisions effectively to stakeholders.
- Monitoring and adapting strategic plans in response to feedback.
- Building organizational adaptability and continuous learning.
- Future-proofing strategies for long-term success and sustainability.
- Personal action planning for continuous improvement in strategic leadership.

FAQ:

Qualifications required for registering to this course?

There are no requirements.

How long is each daily session, and what is the total number of training hours for the course?

This training course spans five days, with daily sessions ranging between 4 to 5 hours, including breaks and interactive activities, bringing the total duration to 20 - 25 training hours.

Something to think about:

In what ways do the inherent limitations of human cognition, as explored by behavioral economics, fundamentally challenge the classical rational actor model in strategic decision making, and how can organizations systematically address these challenges to foster superior strategic outcomes?



What unique qualities does this course offer compared to other courses?

This Enhancing Strategic Decision Making and Cognitive Agility Training Course stands apart through its integrated approach, seamlessly blending rigorous academic insights with highly practical, real-world application. Unlike programs that merely touch upon decision theory, this course deeply explores the nuances of human cognition, drawing extensively from the groundbreaking work of Daniel Kahneman to dissect cognitive biases and heuristics that impact strategic choices. It doesn't just identify these pitfalls; it equips participants with actionable strategies and frameworks to actively mitigate them, fostering genuine cognitive agility. The emphasis is on developing a resilient mindset for strategic thinking and problem-solving techniques, moving beyond generic tools to cultivate an intrinsic capability for adaptive leadership. Participants will engage in immersive case studies and collaborative exercises that mirror complex organizational challenges, ensuring that the learning translates directly into enhanced leadership judgment and effective strategic execution. This course is designed to build a profound understanding of organizational adaptability, enabling leaders to not only make better decisions but also to future-proof their strategies in an ever-changing global environment, making it an unparalleled investment in professional development.