# Proactive Maintenance Strategy and Optimization Training Course



26 - 30 Oct 2026

Tokyo

5800 € (Per Person)

Ref: #INM9807_112783

## Course Introduction / Overview:

This course provides a comprehensive framework for transforming maintenance operations from a reactive, fire-fighting mode to a proactive, strategic function that drives business value. In today's competitive landscape, effective asset management is no longer optional; it is a critical component of operational excellence and profitability. This program delves deep into the principles of modern maintenance, moving beyond simple scheduled tasks to develop a fully optimized preventive maintenance strategy. We will explore foundational concepts as detailed by pioneers like John Moubray in his seminal work, "Reliability-centered Maintenance," to understand how to align maintenance activities with organizational goals. Participants will learn to analyze failure modes, implement data-driven decision-making processes, and integrate predictive technologies to enhance equipment reliability and availability. BIG BEN Training Center has designed this course to equip professionals with the skills to not only execute maintenance tasks but to architect and lead a world-class maintenance strategy that minimizes downtime, controls costs, and ensures operational continuity. This is an essential journey for any organization aiming to achieve peak performance and a significant return on its physical assets.

## Target Audience / This training course is suitable for:

- Maintenance Managers and Supervisors.
- Reliability Engineers and Specialists.
- Maintenance Planners and Schedulers.
- Operations and Production Managers.
- Plant and Facility Managers.
- Lead Technicians and Maintenance Team Leaders.
- Asset Management Professionals.
- Continuous Improvement Specialists.
- Engineering Managers.

## Target Sectors and Industries:

- Manufacturing and Industrial Production.
- Oil and Gas Exploration and Refining.
- Power Generation and Utilities.
- Pharmaceuticals and Biotechnology.
- Mining and Metals.
- Aerospace and Defense.
- Transportation and Logistics.
- Facilities Management and Commercial Real Estate.
- Government Agencies and Public Sector Utilities.
- Food and Beverage Processing.

## Target Organizations Departments:

- Maintenance and Engineering.
- Operations and Production.
- Reliability and Asset Management.
- Facilities and Plant Management.
- Planning and Scheduling.
- Health, Safety, and Environment (HSE).
- Quality Assurance and Control.
- Procurement and MRO Inventory Management.

## Course Offerings:

By the end of this course, the participants will have able to:

- Develop a comprehensive preventive maintenance strategy aligned with business objectives.
- Apply Reliability-Centered Maintenance (RCM) principles to optimize maintenance tasks.
- Conduct Failure Modes and Effects Analysis (FMEA) to identify and mitigate risks.
- Select and implement appropriate predictive maintenance (PdM) technologies.
- Establish key performance indicators (KPIs) to measure maintenance effectiveness.
- Optimize maintenance schedules and resource allocation for maximum efficiency.
- Utilize data from CMMS/EAM systems to drive continuous improvement.
- Develop a robust maintenance budget and control maintenance costs effectively.
- Lead a cultural shift towards a proactive and reliability-focused mindset.
- Implement root cause analysis (RCA) to prevent recurring equipment failures.

## Course Methodology:

The training methodology at BIG BEN Training Center is designed to be highly interactive, engaging, and practical, ensuring that participants can immediately apply the learned concepts in their workplace. This course moves beyond traditional lectures by incorporating a blended learning approach. We utilize real-world case studies from various industries to illustrate the challenges and successes of implementing advanced maintenance strategies. Participants will engage in group workshops and collaborative problem-solving sessions to analyze complex maintenance scenarios and develop optimized solutions. Interactive discussions and brainstorming sessions are facilitated to encourage the sharing of experiences and best practices among attendees. Practical exercises, including FMEA development and KPI selection, will provide hands-on experience. The instructor will provide continuous feedback and guidance, fostering a dynamic learning environment where theoretical knowledge is seamlessly translated into practical, actionable skills. Our goal is to empower participants with not just the "what" and "why," but the critical "how-to" of building and sustaining a world-class maintenance program.

## Course Agenda (Course Units):

### Unit One: Foundations of Modern Maintenance Strategy

- Introduction to Maintenance Management Evolution.
- Differentiating Between Reactive, Preventive, and Predictive Maintenance.
- The Importance of a Proactive Maintenance Culture.
- Understanding the Maintenance Maturity Model.
- The Financial Impact of Effective Maintenance.
- Key Principles of Asset Management and Reliability.
- Aligning Maintenance Strategy with Corporate Goals.

### Unit Two: Reliability-Centered Maintenance (RCM) Analysis

- Core Principles and Philosophy of RCM.
- The Seven Basic Questions of RCM Analysis.
- Conducting a Functional and Failure Analysis.
- Understanding Failure Patterns and P-F Curves.
- Introduction to Failure Modes and Effects Analysis (FMEA).
- Prioritizing Risks with Risk Priority Numbers (RPN).
- Applying RCM to Develop an Initial Maintenance Program.

### Unit Three: Developing and Optimizing Preventive Maintenance (PM)

- Techniques for PM Task Selection and Development.
- Optimizing PM Frequencies Using Statistical Analysis and Experience.
- Integrating Operator-Driven Reliability and Autonomous Maintenance.
- Developing Standard Operating Procedures (SOPs) for PM Tasks.
- Utilizing CMMS/EAM for Effective PM Program Management.
- Managing PM Backlogs and Ensuring Compliance.
- Balancing PM with Other Maintenance Strategies.

## Unit Four: Integrating Predictive and Condition-Based Maintenance (CBM)

- Introduction to Predictive Maintenance (PdM) Technologies.
- Fundamentals of Vibration Analysis.
- Principles and Applications of Infrared Thermography.
- The Role of Oil Analysis and Lubrication Management.
- Implementing an Effective Condition-Based Maintenance Program.
- Integrating PdM Findings into Maintenance Planning and Scheduling.
- Calculating the Return on Investment (ROI) for PdM Technologies.

## Unit Five: Performance Measurement and Continuous Improvement

- Establishing Meaningful Maintenance KPIs (MTBF, MTTR, OEE).
- Techniques for Root Cause Analysis (RCA).
- Developing and Managing the Maintenance Budget.
- Strategies for MRO Spares and Inventory Optimization.
- Leading Change and Overcoming Resistance to New Strategies.
- Building a Culture of Continuous Improvement in Maintenance.
- Creating a Long-Term Strategic Maintenance Plan.

# FAQ:

### Qualifications required for registering to this course?

There are no requirements.

### How long is each daily session, and what is the total number of training hours for the course?

This training course spans five days, with daily sessions ranging between 4 to 5 hours, including breaks and interactive activities, bringing the total duration to 20 - 25 training hours.

## Something to think about:

How does an organization's risk tolerance influence the balance between preventive maintenance costs and the potential cost of equipment failure?

## What unique qualities does this course offer compared to other courses?

This course distinguishes itself by adopting a strategic, top-down approach to maintenance rather than focusing solely on task-level execution. While many programs teach the mechanics of individual maintenance techniques, we concentrate on architecting a holistic, integrated strategy that aligns with overarching business objectives. We bridge the critical gap between the theoretical foundations of reliability, such as the principles established by John Moubray, and their practical, data-driven application in a modern industrial environment. The curriculum is uniquely structured to empower participants not just as maintenance practitioners, but as strategic leaders capable of justifying maintenance initiatives in financial terms and driving cultural change. Instead of merely presenting a toolbox of technologies, we emphasize the decision-making framework for selecting, implementing, and measuring the impact of these tools. The focus on FMEA, RCM, and data-driven optimization ensures that participants leave with a systematic methodology for building a resilient, cost-effective, and proactive maintenance program from the ground up, tailored specifically to their organization's operational context and risk profile.