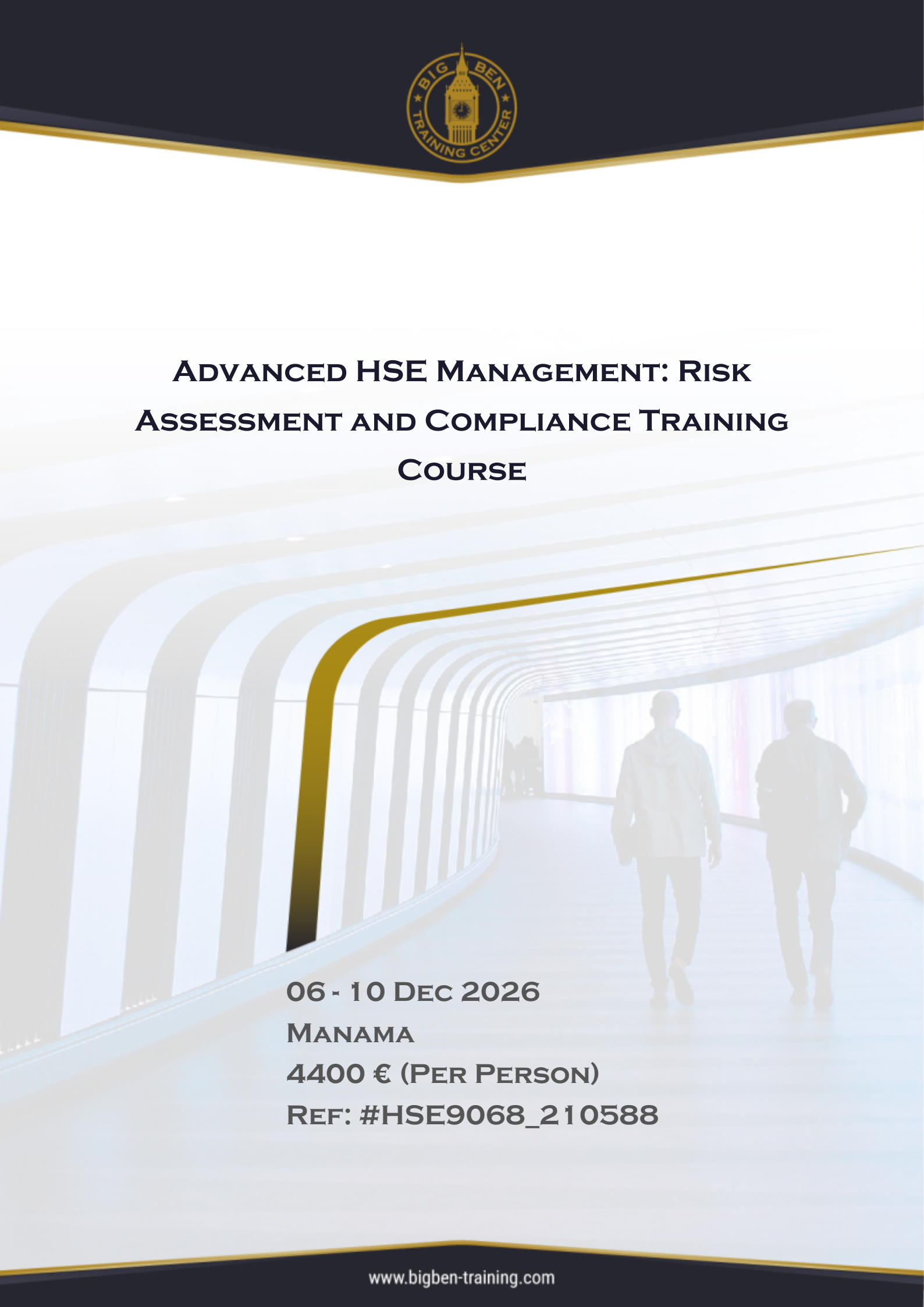
Advanced HSE Management: Risk Assessment and Compliance Training Course



06 - 10 Dec 2026

Manama

4400 € (Per Person)

Ref: #HSE9068_210588

Course Introduction / Overview:

Effective health, safety, and environment (HSE) management is a critical component of a sustainable business, extending far beyond simple compliance. This comprehensive training course, offered by BIG BEN Training Center, is designed for professionals who need to develop a strategic approach to risk assessment and compliance. The program goes beyond the basics to explore how a proactive HSE culture can improve operational efficiency, protect organizational reputation, and reduce costs associated with incidents. It delves into the latest methodologies for hazard identification and risk analysis, ensuring that participants can anticipate and mitigate potential threats before they become problems. This training also covers best practices for maintaining regulatory compliance and aligning safety protocols with global standards. Drawing on the expertise of academic leaders such as Frank E. Bird Jr., known for his work in loss control, and referencing key concepts from his influential book "Management Guide to Loss Control," the course provides a blend of theoretical knowledge and practical application. It highlights the importance of leadership commitment, employee engagement, and continuous improvement in building a resilient safety framework. BIG BEN Training Center is committed to equipping professionals with the advanced skills necessary to lead their organizations toward a safer and more sustainable future.

Target Audience / This training course is suitable for:

- HSE managers, directors, and consultants.
- Compliance officers and risk managers.
- Operational and site managers.
- Supervisors with HSE responsibilities.
- Quality assurance and audit professionals.
- Engineers and project managers.
- Anyone responsible for developing or implementing a safety management system.
- Government regulators and inspectors.

Target Sectors and Industries:

- Oil and gas.
- Construction and engineering.
- Manufacturing and logistics.
- Energy and utilities.
- Chemical and petrochemical.
- Aviation and transportation.
- Healthcare and pharmaceuticals.
- Government agencies and public services.

Target Organizations Departments:

- Health, safety, and environment (HSE) departments.
- Operations and production.
- Risk management.
- Quality assurance.
- Human resources.
- Legal and compliance.
- Corporate strategy.

Course Offerings:

By the end of this course, the participants will have able to:

- Conduct advanced risk assessments and develop effective control measures.
- Design and implement a comprehensive HSE management system.
- Ensure regulatory compliance with local and international standards.
- Lead incident investigations using root cause analysis.
- Develop a proactive and engaged safety culture within their organization.
- Integrate safety strategies with overall business objectives.
- Measure and report on HSE performance to executive leadership.
- Manage risk in complex operational environments.
- Evaluate and select appropriate safety technologies and tools.

Course Methodology:

This training course at BIG BEN Training Center uses an immersive and practical methodology to ensure that participants not only understand concepts but also master their application. The program combines expert-led lectures with interactive case studies, allowing participants to analyze real-world scenarios and develop problem-solving skills. Group workshops and hands-on exercises focus on creating practical documents, such as risk registers and compliance reports. Participants will practice using tools for hazard identification and risk analysis, and they will receive personalized feedback from the instructor. The course also includes role-playing activities that simulate challenging conversations, like communicating with stakeholders or responding to an emergency. This approach helps build the communication and leadership skills necessary for effective HSE management. By focusing on practical application, BIG BEN Training Center ensures that participants leave with a tangible set of skills they can immediately implement in their workplaces, driving real change and enhancing safety performance.

Course Agenda (Course Units):

Unit One: Strategic HSE Management and Leadership

- The business case for advanced HSE management.
- Developing a strategic HSE vision.
- Leadership's role in creating a safety culture.
- Understanding legal and ethical obligations.
- HSE management system frameworks.
- Defining roles, responsibilities, and accountability.
- Engaging workers in safety initiatives.

Unit Two: Advanced Risk Assessment Techniques

- Qualitative and quantitative risk assessment methods.
- Hazard identification and analysis.
- Risk matrices and their application.
- Developing effective control measures.
- Risk management for complex projects and operations.
- Managing emerging risks, like new technologies.
- Risk communication and stakeholder engagement.

Unit Three: Regulatory Compliance and Auditing

- Understanding local and international HSE regulations.
- Developing a compliance management system.
- Conducting internal and external HSE audits.
- Corrective action planning and implementation.
- Record-keeping and documentation best practices.
- Preparing for regulatory inspections.
- Legal liability and risk mitigation strategies.

Unit Four: Incident Investigation and Crisis Management

- Principles of incident investigation.
- Root cause analysis techniques (e.g., BowTie, Tripod).
- Developing an effective emergency response plan.
- Crisis communication strategies.
- Business continuity planning.
- Lessons learned from historical incidents.
- Post-incident recovery and improvement.

Unit Five: Performance Measurement and Continuous Improvement

- Key performance indicators (KPIs) for HSE.
- Data collection and analysis for safety performance.
- Behavior-based safety programs.
- Promoting a culture of continuous improvement.
- Communicating performance to management.
- Benchmarking against industry best practice.
- Final project: a strategic HSE plan for an organization.

FAQ:

Qualifications required for registering to this course?

There are no requirements.

How long is each daily session, and what is the total number of training hours for the course?

This training course spans five days, with daily sessions ranging between 4 to 5 hours, including breaks and interactive activities, bringing the total duration to 20 - 25 training hours.

Something to think about:

How does a robust and proactive approach to HSE risk management shift an organization's perspective from a cost center to a value creator?

What unique qualities does this course offer compared to other courses?

This program goes beyond standard safety training by focusing on the strategic and managerial aspects of HSE. Instead of just teaching regulations, it empowers participants to become leaders who can integrate safety into the very fabric of their organization's operations. The course stands out for its emphasis on advanced risk assessment techniques and compliance strategies, giving participants a forward-looking perspective on managing potential hazards. The content is tailored to help professionals navigate complex, dynamic environments and handle a wide range of responsibilities. It is designed for those who need to manage teams, influence corporate culture, and report to executive leadership. This training uses real-world case studies and interactive scenarios, ensuring that the knowledge gained is practical and immediately applicable. This makes the program not just a learning experience, but a career-advancing opportunity, equipping participants with the insights and skills to build a resilient and high-performing safety culture.