Advanced Cybersecurity Governance and Risk Resilience Training Course



06 - 10 Dec 2026

Manama

4400 € (Per Person)

Ref: #GRC6808_206388

Course Introduction / Overview:

In today's hyper-connected digital landscape, the separation between cybersecurity governance and operational resilience is rapidly dissolving. A reactive security posture is no longer sufficient; organizations must proactively embed resilience into their strategic framework. This course addresses the critical need for integrated strategies that combine robust governance with agile digital risk resilience. Drawing upon foundational principles articulated by experts like Alan Calder in his work on ISO 27001 implementation, such as in the book "IT Governance: An International Guide to Data Security and ISO27001/ISO27002", the curriculum moves beyond theoretical concepts. It provides a comprehensive roadmap for establishing and managing a cybersecurity governance framework that is both compliant and combat-ready. Participants will explore how to align security initiatives with overarching business objectives, ensuring that risk management is not a siloed function but a core driver of sustainable growth. BIG BEN Training Center has designed this program to empower leaders to navigate the complexities of regulatory demands, sophisticated cyber threats, and the challenges of digital transformation, fostering an organizational culture of security and resilience from the boardroom to the front lines. This is not just about preventing breaches; it is about ensuring the organization can withstand, adapt, and thrive in the face of digital adversity.

Target Audience / This training course is suitable for:

- Chief Information Security Officers (CISOs) and security executives.
- IT Directors, Managers, and Team Leaders.
- Risk Management and Compliance Professionals.
- Internal and External Auditors.
- Business Continuity and Disaster Recovery Planners.
- Legal and Corporate Governance Officers.
- Senior System and Network Administrators.
- Enterprise Architects and Security Consultants.

Target Sectors and Industries:

- Banking and Financial Services.
- Healthcare and Pharmaceutical.
- Energy, Oil, and Gas.
- Telecommunications and Technology.
- Government Agencies and Public Sector Bodies.
- Retail and E-commerce.
- Manufacturing and Industrial Control Systems.
- Consulting and Professional Services.

Target Organizations Departments:

- Information Technology and Information Security.
- Risk Management and Corporate Compliance.
- Internal Audit and Assurance.
- Legal and Regulatory Affairs.
- Operations and Business Continuity Management.
- Executive Management and Corporate Governance.
- Procurement and Third-Party Vendor Management.

Course Offerings:

By the end of this course, the participants will have able to:

- Develop and implement a comprehensive cybersecurity governance framework aligned with international standards.
- Define and communicate an organization's risk appetite and tolerance levels effectively.
- Conduct advanced cyber risk assessments and formulate robust mitigation strategies.
- Integrate cybersecurity into the entire digital transformation lifecycle.
- Establish key performance indicators (KPIs) and metrics to measure the effectiveness of the security program.
- Master the principles of digital resilience, including incident response and business continuity.
- Navigate the complex landscape of data privacy regulations and ensure organizational compliance.
- Communicate cybersecurity risks and strategies effectively to executive leadership and the board.
- Evaluate and manage third-party and supply chain security risks.
- Foster a proactive and pervasive cybersecurity culture throughout the organization.

Course Methodology:

The training methodology at BIG BEN Training Center is designed to be immersive, interactive, and directly applicable to the participant's professional environment. We believe that effective learning in the field of cybersecurity governance and resilience comes from a blend of theoretical knowledge and practical application. The course moves beyond traditional lectures, employing a dynamic mix of expert-led presentations, in-depth case study analyses of real-world cyber incidents, and collaborative group discussions. Participants will engage in hands-on workshops to draft security policies, conduct risk assessments, and develop incident response plans. Interactive simulations will challenge them to make critical decisions during a mock cyber crisis, reinforcing learning in a high-stakes, controlled environment. A cornerstone of our approach is peer-to-peer learning, where professionals from diverse industries share insights and best practices. Continuous feedback is provided by the instructor to ensure concepts are not only understood but can also be confidently implemented. This experiential learning model ensures that participants leave with not just notes, but with actionable strategies and a deeper strategic mindset to enhance their organization's security posture and digital resilience.

Course Agenda (Course Units):

Unit One: Foundations of Modern Cybersecurity Governance

- The Intersection of Governance, Risk, and Compliance (GRC).
- Key International Frameworks: NIST, ISO 27001, COBIT.
- Defining Roles and Responsibilities: Board, C-Suite, and Management.
- Establishing a Cybersecurity Governance Charter.
- The Legal and Regulatory Landscape for Cybersecurity.
- Ethical Considerations in Cybersecurity Governance.
- Aligning Security Strategy with Business Objectives.

Unit Two: Strategic Risk Management and Assessment

- Developing a Risk Management Framework.
- Defining and Communicating Risk Appetite and Tolerance.
- Quantitative vs. Qualitative Risk Analysis Techniques.
- Threat Intelligence and Proactive Threat Modeling.
- Conducting a Business Impact Analysis (BIA).
- Vulnerability Management Program Governance.
- Reporting Risk Effectively to the Board and Stakeholders.

Unit Three: Policy, Compliance, and Assurance

- Developing a Hierarchy of Security Policies and Standards.
- Navigating Global Data Privacy Regulations (GDPR, CCPA).
- Managing Third-Party and Supply Chain Risk.
- Designing and Implementing Security Controls.
- Planning and Executing Cybersecurity Audits.
- Continuous Compliance Monitoring Strategies.
- The Role of Assurance in Building Trust.

Unit Four: Building Digital and Operational Resilience

- Fundamentals of Business Continuity and Disaster Recovery Planning.
- Developing a Cyber Incident Response Plan (CIRP).
- Crisis Management and Communication Strategies.
- Leading and Managing a Security Operations Center (SOC).
- Digital Forensics Readiness and Investigation Principles.
- The Role and Strategy of Cyber Insurance.
- Testing Resilience: Drills, Tabletop Exercises, and Simulations.

Unit Five: Future-Forward Governance and Leadership

- Governing Emerging Technologies: AI, IoT, and Cloud.
- Implementing a Zero Trust Security Architecture.
- Building and Measuring a Strong Cybersecurity Culture.
- Advanced Security Metrics and Performance Measurement.
- The CISO as a Business Leader and Strategic Advisor.
- Anticipating the Future Cyber Threat Landscape.
- Capstone Project: Developing a Holistic Governance and Resilience Plan.

FAQ:

Qualifications required for registering to this course?

There are no requirements.

How long is each daily session, and what is the total number of training hours for the course?

This training course spans five days, with daily sessions ranging between 4 to 5 hours, including breaks and interactive activities, bringing the total duration to 20 - 25 training hours.

Something to think about:

As digital ecosystems become increasingly interconnected and decentralized, how must traditional, top-down cybersecurity governance models evolve to maintain resilience without stifling innovation?

What unique qualities does this course offer compared to other courses?

This course distinguishes itself by holistically integrating the disciplines of strategic governance and practical digital resilience, a synergy often addressed in separate, siloed training programs. While other courses may focus heavily on specific technical controls or compliance checklists, this program elevates the conversation to the level of business strategy and leadership. It is built on the premise that effective cybersecurity is not merely an IT function but a core component of corporate governance and a driver of competitive advantage. The curriculum is uniquely forward-looking, dedicating significant time to governing emerging technologies like AI and implementing modern architectural principles such as Zero Trust. Rather than just teaching the "what" of frameworks like NIST or ISO 27001, we delve deeply into the "why" and "how," using complex case studies and crisis simulations to build critical thinking and decision-making skills. The emphasis is on empowering participants to communicate effectively with executive boards, translate technical risk into business impact, and champion a pervasive culture of security. This strategic, leadership-focused approach ensures that graduates are prepared not just to manage security programs, but to lead their organizations toward a future of sustained digital resilience.