Strategic Noise and Vibration Control Engineering Training Course



22 - 26 Nov 2026

Manama

4400 € (Per Person)

Ref: #ENV6803_225737

Course Introduction / Overview:

This comprehensive training course provides an in-depth exploration of the principles and practices of noise and vibration control engineering. In today's industrial and urban environments, managing acoustic and structural dynamics is critical for operational efficiency, regulatory compliance, and public health. This program is meticulously designed to equip participants with the theoretical knowledge and practical skills needed to identify, analyze, and mitigate complex noise and vibration issues. Drawing upon foundational concepts established by pioneers like Leo L. Beranek in his seminal work "Acoustics", the course bridges the gap between theory and real-world application. Participants will delve into advanced diagnostic techniques, sound intensity measurement, and the design of effective control solutions, from passive damping to active vibration isolation. BIG BEN Training Center has structured this curriculum to empower professionals to develop robust noise and vibration management strategies, ensuring safer workplaces, improved product quality, and adherence to stringent environmental standards. This course is the definitive guide for engineers and technical managers seeking to master the challenges of modern acoustic engineering and structural dynamics.

Target Audience / This training course is suitable for:

- Mechanical Engineers.
- Acoustic Consultants.
- Health, Safety, and Environment (HSE) Managers.
- Industrial Hygienists.
- Plant and Facility Managers.
- Civil and Structural Engineers.
- Product Design and Development Engineers.
- Maintenance and Reliability Professionals.
- Regulatory Compliance Officers.
- Project Managers in noise-sensitive sectors.

Target Sectors and Industries:

- Manufacturing and Industrial Production.
- Construction and Civil Engineering.
- Aerospace and Automotive Industries.
- Oil, Gas, and Petrochemical sectors.
- Power Generation and Utilities.
- Marine and Shipbuilding.
- Transportation and Infrastructure.
- Governmental bodies and Environmental Protection Agencies.
- Consulting Engineering Firms.

Target Organizations Departments:

- Engineering and Design.
- Maintenance, Reliability, and Operations.
- Health, Safety, and Environment (HSE).
- Research and Development (R&D).
- Quality Assurance and Control (QA/QC).
- Facilities Management.
- Project Management.
- Regulatory Affairs and Compliance.

Course Offerings:

By the end of this course, the participants will have able to:

- Master the fundamental principles of acoustics and vibration theory.
- Conduct effective noise and vibration measurements using modern instrumentation.
- Analyze complex acoustic and vibration data using techniques like FFT analysis.
- Design and implement practical noise control solutions such as barriers, enclosures, and silencers.
- Apply advanced vibration isolation and damping techniques to machinery and structures.
- Develop predictive maintenance programs based on vibration monitoring data.
- Ensure compliance with occupational and environmental noise regulations.
- Perform root cause analysis of noise and vibration problems in industrial settings.
- Evaluate the acoustic performance of materials and products.
- Manage comprehensive noise and vibration control projects from conception to completion.

Course Methodology:

The training methodology at BIG BEN Training Center is designed to foster a deep and practical understanding of noise and vibration control. Our approach is highly interactive and participant-centered, moving beyond traditional lectures to immerse attendees in real-world problem-solving. The course integrates a blend of expert-led presentations, detailed case studies from diverse industries, and collaborative group workshops where participants can tackle complex scenarios. These sessions encourage the exchange of ideas and experiences, enriching the learning process for all. Emphasis is placed on the practical application of theoretical concepts, with demonstrations of measurement techniques and data analysis. Participants will engage in interactive exercises that simulate diagnostic and design challenges, allowing them to apply newly acquired skills in a controlled environment. Continuous feedback and Q&A sessions with our expert instructors ensure that all concepts are thoroughly understood. This dynamic and engaging methodology ensures that participants leave not just with knowledge, but with the confidence and competence to implement effective noise and vibration control strategies in their own organizations.

Course Agenda (Course Units):

Unit One: Fundamentals of Acoustics and Vibration

- Introduction to sound waves, pressure, and intensity.
- Understanding the decibel (dB) scale and frequency analysis.
- Principles of mechanical vibration, degrees of freedom, and resonance.
- Sources of industrial and environmental noise.
- Human perception and physiological effects of noise and vibration.
- The source-path-receiver model for problem diagnosis.
- Introduction to key terminology and international standards.

Unit Two: Noise and Vibration Measurement and Instrumentation

- Principles of sound level meters and microphone types.
- Vibration measurement with accelerometers and transducers.
- Data acquisition systems and signal processing fundamentals.
- Introduction to Fast Fourier Transform (FFT) analysis.
- Techniques for sound intensity and sound power measurement.
- Conducting effective noise and vibration surveys.
- Calibration, data validation, and reporting practices.

Unit Three: Practical Noise Control Engineering

- Principles of sound absorption, reflection, and transmission loss.
- Design of acoustic barriers, enclosures, and partitions.
- Selection and application of sound-absorbing materials.
- Muffler and silencer design for industrial applications.
- Active Noise Control (ANC) principles and applications.
- Noise control in HVAC systems and building acoustics.
- Developing a comprehensive noise control strategy.

Unit Four: Vibration Control and Mitigation Techniques

- Theory and application of vibration isolation systems.
- Selection of isolators and anti-vibration mounts.
- Principles of damping and application of damping materials.
- Understanding tuned mass dampers and their applications.
- Structural modification for vibration reduction.
- Modal analysis for identifying structural weaknesses.
- Balancing of rotating machinery to minimize vibration.

Unit Five: Regulatory Compliance, Diagnostics, and Advanced Topics

- Overview of occupational noise regulations (e.g., OSHA, ISO).
- Environmental noise standards and community impact assessment.
- Vibration-based condition monitoring and predictive maintenance.
- Advanced diagnostic techniques for root cause analysis.
- Case studies in manufacturing, construction, and transportation sectors.
- Cost-benefit analysis of noise and vibration control projects.
- Future trends and innovations in NVH engineering.

FAQ:

Qualifications required for registering to this course?

There are no requirements.

How long is each daily session, and what is the total number of training hours for the course?

This training course spans five days, with daily sessions ranging between 4 to 5 hours, including breaks and interactive activities, bringing the total duration to 20 - 25 training hours.

Something to think about:

Considering the increasing density of urban environments and industrial zones, how can proactive acoustic design be integrated into the earliest stages of project planning to prevent future noise and vibration conflicts, rather than relying on reactive mitigation?

What unique qualities does this course offer compared to other courses?

This course distinguishes itself through its holistic and strategic approach to noise and vibration engineering. Unlike programs that focus narrowly on either measurement or basic control methods, this curriculum integrates the entire lifecycle of a noise or vibration issue, from fundamental physics and advanced diagnostics to the design and implementation of sophisticated control solutions. We emphasize a diagnostic, root-cause-analysis mindset, teaching participants not just how to apply a solution, but how to accurately identify the core problem to ensure the solution is both effective and cost-efficient. The content is deeply rooted in established academic principles while being relentlessly focused on practical, real-world applications, supported by a rich portfolio of case studies from a wide array of industries. Furthermore, the course places significant emphasis on regulatory compliance and predictive maintenance, framing noise and vibration control not merely as a technical problem to be solved, but as a critical component of operational excellence, asset management, and corporate responsibility. Participants gain a strategic perspective that enables them to champion and manage comprehensive NVH programs within their organizations.