Climate Change Adaptation and Resilience Planning Training Course



21 - 25 Dec 2026

Tokyo

5800 € (Per Person)

Ref: #ENV5051_101067

Course Introduction / Overview:

The escalating impacts of climate change present unprecedented challenges to communities, economies, and ecosystems worldwide. Proactive planning is no longer an option but a necessity for ensuring long-term sustainability and security. This comprehensive course is designed to equip professionals with the essential knowledge and practical skills to develop and implement effective climate change adaptation and resilience strategies. Drawing on foundational concepts from leading experts like Fikret Berkes, a pioneer in social-ecological resilience, the curriculum moves from theory to application. We will explore frameworks discussed in seminal works such as the IPCC's "Climate Change 2022: Impacts, Adaptation and Vulnerability" report, translating complex scientific data into actionable plans. At BIG BEN Training Center, we provide a learning environment that fosters critical thinking and problem-solving, enabling participants to navigate the complexities of climate risk, identify vulnerabilities, and build robust, adaptive capacity within their organizations and communities. This training is an investment in a resilient future, empowering leaders to make informed decisions that protect assets, safeguard populations, and create sustainable pathways for development in a changing climate.

Target Audience / This training course is suitable for:

- Urban and Regional Planners.
- Environmental Managers and Consultants.
- Sustainability Officers and CSR Managers.
- Policymakers and Government Officials.
- Infrastructure and Civil Engineers.
- Risk Management Professionals.
- Emergency Management Personnel.
- Development and Aid Workers.
- Corporate Strategy and Operations Managers.
- Public Health Officials.

Target Sectors and Industries:

- Government and Public Administration.
- Engineering and Construction.
- Urban Planning and Real Estate Development.
- Agriculture and Food Production.
- Water Resource Management.
- Energy and Utilities.
- Insurance and Financial Services.
- Transportation and Logistics.
- Tourism and Hospitality.
- Healthcare and Public Health.

Target Organizations Departments:

- Strategic Planning and Policy.
- Sustainability and Environmental Affairs.
- Risk Management and Compliance.
- Operations and Facilities Management.
- Corporate Social Responsibility (CSR).
- Engineering and Public Works.
- Community Development and Urban Planning.
- Emergency and Disaster Management.
- Research and Development.

Course Offerings:

By the end of this course, the participants will have able to:

- Conduct comprehensive climate change vulnerability and risk assessments.
- Develop and formulate robust climate adaptation plans and strategies.
- Integrate climate resilience considerations into project design and management.
- Identify and evaluate various adaptation options, including nature-based solutions.
- Engage stakeholders effectively to build consensus and support for adaptation initiatives.
- Analyze climate finance mechanisms for funding resilience projects.
- Establish effective monitoring and evaluation frameworks for adaptation measures.
- Communicate climate risks and adaptation strategies to diverse audiences.
- Navigate the policy and governance landscapes of climate adaptation.

Course Methodology:

The training methodology at BIG BEN Training Center is designed to be highly interactive, participatory, and practical, ensuring that participants can directly apply their learning to real-world challenges. We move beyond traditional lectures to create a dynamic learning environment centered on experiential activities. The course heavily utilizes case study analysis of successful and challenging adaptation projects from around the globe, allowing participants to deconstruct complex scenarios and understand practical implementation. Collaborative group exercises and workshops will simulate the process of developing adaptation plans, from initial risk assessment to stakeholder engagement and policy formulation. Interactive sessions, facilitated discussions, and peer-to-peer learning are core components, encouraging the exchange of diverse perspectives and experiences. Participants will receive continuous, constructive feedback from expert instructors throughout the program. This hands-on, problem-solving approach ensures that attendees leave not just with theoretical knowledge, but with the confidence and competence to lead climate resilience initiatives within their own organizations.

Course Agenda (Course Units):

Unit One Foundations of Climate Adaptation and Resilience

- Introduction to Climate Science and Projected Impacts.
- Defining Adaptation, Resilience, and Vulnerability.
- The Distinction Between Climate Adaptation and Mitigation.
- Historical Context and Evolution of Adaptation Planning.
- Key International Frameworks (e.g., Paris Agreement, Sendai Framework).
- The Role of Traditional and Indigenous Knowledge in Resilience.
- Ethical Dimensions and Climate Justice in Adaptation.

Unit Two Climate Risk and Vulnerability Assessment

- Methodologies for Climate Risk Assessment.
- Conducting a Stakeholder-Driven Vulnerability Analysis.
- Introduction to Climate Models and Downscaling Techniques.
- Mapping Climate Hazards and Exposure.
- Assessing Adaptive Capacity of Systems and Communities.
- Scenario Planning for Future Climate Conditions.
- Tools and Software for Risk and Vulnerability Assessment.

Unit Three Developing Adaptation Strategies and Plans

- The Adaptation Planning Cycle.
- Setting Clear Adaptation Goals and Objectives.
- Identifying and Prioritizing Adaptation Options.
- Mainstreaming Adaptation into Existing Policies and Plans.
- Developing Sector-Specific Adaptation Strategies (e.g., Water, Agriculture).
- Community-Based Adaptation (CBA) Approaches.
- Cost-Benefit Analysis and Economic Appraisal of Adaptation Options.

Unit Four Implementation of Adaptation Solutions

- Engineering and Hard Infrastructure Solutions for Resilience.
- Nature-Based Solutions (NbS) and Green Infrastructure.
- Policy Levers and Regulatory Tools for Driving Adaptation.
- Building Resilient Water and Food Systems.
- Climate-Proofing Infrastructure and the Built Environment.
- Public Health Adaptation Strategies.
- Early Warning Systems and Disaster Risk Reduction Integration.

Unit Five Governance, Finance, and Monitoring for Resilience

- Governance Structures for Effective Adaptation.
- Securing Funding and Financing for Adaptation Projects.
- Introduction to Climate Finance Mechanisms (e.g., GCF, Adaptation Fund).
- Developing Monitoring and Evaluation (M&E) Frameworks.
- Indicators and Metrics for Tracking Adaptation Success.
- Adaptive Management and Iterative Planning.
- Future Trends and Innovations in Climate Resilience.

FAQ:

Qualifications required for registering to this course?

There are no requirements.

How long is each daily session, and what is the total number of training hours for the course?

This training course spans five days, with daily sessions ranging between 4 to 5 hours, including breaks and interactive activities, bringing the total duration to 20 - 25 training hours.

Something to think about:

How can organizations effectively balance short-term economic priorities with the long-term, often uncertain, investments required for climate resilience?

What unique qualities does this course offer compared to other courses?

This course distinguishes itself by moving beyond theoretical frameworks to focus on the practical nexus of planning, policy, and finance. While many programs cover the "what" of climate change, our curriculum is meticulously designed to master the "how". We emphasize the development of actionable strategies through a curriculum that integrates technical risk assessment with the nuances of governance and stakeholder engagement. Participants will not only learn to use climate models but also to translate that data into compelling business cases and policy proposals. A key differentiator is our dedicated focus on implementation pathways, exploring a diverse portfolio of solutions from hard infrastructure to innovative nature-based approaches. Furthermore, the course places a strong emphasis on monitoring and adaptive management, equipping professionals with the skills to create flexible, evolving plans that can respond to new information and changing conditions. It provides a holistic, systems-thinking perspective, ensuring that participants can lead integrated resilience efforts that are scientifically sound, socially equitable, and financially viable.