Integrated HSE Management Systems Implementation Training Course



22 - 26 Nov 2026

Manama

4400 € (Per Person)

Ref: #ENV1463_226022

Course Introduction / Overview:

This course provides a comprehensive framework for developing, implementing, and maintaining an Integrated Health, Safety, and Environmental (HSE) Management System. In today's complex regulatory landscape, a siloed approach to HSE is no longer sufficient. This program, offered by BIG BEN Training Center, is designed to unify these critical functions into a single, cohesive system that enhances organizational efficiency, ensures regulatory compliance, and promotes a culture of safety and sustainability. We will explore how an integrated system reduces redundancy, improves risk management, and drives continuous improvement across all operational levels. The curriculum draws upon established principles and modern theories, referencing concepts of proactive safety culture as discussed by influential thinkers like Sidney Dekker. Participants will move beyond mere compliance to understand how a robust HSE system, as detailed in frameworks like the "Safety-I & Safety-II" approaches, can become a strategic asset, protecting employees, the environment, and the company's bottom line. This course is the definitive guide to mastering the complexities of HSE integration and fostering a resilient, responsible, and high-performing organization.

Target Audience / This training course is suitable for:

- HSE Managers and Practitioners.
- Operations Managers and Supervisors.
- Project Managers and Engineers.
- Compliance and Regulatory Affairs Officers.
- Quality Assurance Professionals.
- Facility and Plant Managers.
- Senior Management and Department Heads.
- Anyone with responsibility for health, safety, or environmental performance.

Target Sectors and Industries:

- Manufacturing and Industrial Production.
- Construction and Engineering.
- Oil and Gas Exploration and Production.
- Energy and Utilities.
- Healthcare and Pharmaceuticals.
- Transportation and Logistics.
- Government and Public Sector Agencies.
- Chemical and Process Industries.

Target Organizations Departments:

- Health, Safety, and Environment (HSE) Department.
- Operations and Production.
- Project Management Office.
- Quality Assurance and Control.
- Human Resources and Training.
- Engineering and Maintenance.
- Compliance and Legal Affairs.
- Facilities Management.

Course Offerings:

By the end of this course, the participants will have able to:

- Develop a coherent and integrated HSE policy and strategic objectives.
- Understand the structures of ISO 45001 and ISO 14001 for integration.
- Conduct comprehensive hazard identification and risk assessments.
- Establish effective environmental aspect and impact evaluation processes.
- Design and implement an Integrated Management System (IMS) framework.
- Master techniques for incident investigation and root cause analysis.
- Develop key performance indicators (KPIs) to monitor HSE performance.
- Plan and conduct internal HSE audits and management reviews.
- Champion a positive safety culture and demonstrate HSE leadership.
- Ensure legal and regulatory compliance across all HSE domains.

Course Methodology:

The training methodology at BIG BEN Training Center is designed to be highly interactive, ensuring that participants gain practical skills they can apply immediately in their workplace. This course moves beyond traditional lectures, employing a blended learning approach that includes expert-led presentations, dynamic group discussions, and collaborative workshops. A significant portion of the training is dedicated to hands-on exercises, where participants will work through real-world case studies to analyze HSE failures and successes. Role-playing scenarios will be used to practice skills such as incident investigation interviews and management review meetings. Participants will receive constructive feedback from the instructor and peers, fostering a supportive learning environment. We emphasize the practical application of theoretical concepts, ensuring that attendees leave with not only the knowledge but also the confidence to implement and manage an effective integrated HSE system within their own organizations. The focus is on engagement, participation, and tangible skill development.

Course Agenda (Course Units):

Unit One: Foundations of Integrated HSE Management

- Introduction to Health, Safety, and Environmental (HSE) concepts.
- The business case for integrating HSE management systems.
- Understanding the Plan-Do-Check-Act (PDCA) cycle in an integrated context.
- Overview of key international standards (ISO 45001, ISO 14001).
- Legal and regulatory frameworks governing HSE.
- Defining roles, responsibilities, and authorities within an HSE system.
- Developing an integrated HSE policy and strategic objectives.

Unit Two: Occupational Health and Safety (OHS) Management Principles

- Core principles of Occupational Health and Safety Management Systems (OHSMS).
- Detailed exploration of the ISO 45001:2018 standard.
- Techniques for hazard identification, risk assessment, and determining controls.
- Hierarchy of controls and its practical application.
- Management of change (MOC) procedures for safety.
- Emergency preparedness and response planning.
- Promoting worker participation and consultation in OHS.

Unit Three: Environmental Management System (EMS) Essentials

- Fundamentals of Environmental Management Systems (EMS).
- In-depth review of the ISO 14001:2015 standard.
- Identifying environmental aspects and evaluating their impacts.
- Strategies for pollution prevention and resource conservation.
- Waste management principles and practices.
- Life cycle perspective in environmental management.
- Ensuring environmental compliance and meeting obligations.

Unit Four: Implementing and Operating an Integrated HSE System

- A step-by-step guide to designing the integrated management system.
- Developing integrated documentation, procedures, and work instructions.
- Competence, training, and awareness programs for HSE.
- Communication strategies for a successful HSE culture.
- Operational planning and control integration.
- Contractor and supplier HSE management.
- Monitoring, measurement, analysis, and performance evaluation.

Unit Five: HSE Leadership, Auditing, and Continuous Improvement

- The role of leadership and management commitment in HSE.
- Techniques for building and sustaining a positive safety culture.
- Incident investigation, nonconformity, and root cause analysis.
- Corrective and preventive action planning and implementation.
- Principles of auditing an integrated HSE management system.
- Planning and conducting effective internal HSE audits.
- Conducting management reviews for strategic decision-making and continual improvement.

FAQ:

Qualifications required for registering to this course?

There are no requirements.

How long is each daily session, and what is the total number of training hours for the course?

This training course spans five days, with daily sessions ranging between 4 to 5 hours, including breaks and interactive activities, bringing the total duration to 20 - 25 training hours.

Something to think about:

Beyond regulatory compliance, how can an integrated HSE management system become a primary driver of organizational innovation and competitive advantage?

What unique qualities does this course offer compared to other courses?

This course distinguishes itself by focusing on the strategic integration of Health, Safety, and Environmental systems, rather than treating them as separate, compliance-driven functions. While many programs cover the individual standards, our curriculum is built around the synergy created when these domains are unified into a single, efficient management system. We move beyond the "what" of the standards to the "how" of practical implementation, using a methodology rich with real-world case studies and interactive problem-solving workshops. The course places a strong emphasis on developing HSE leadership and fostering a proactive safety culture, which are critical for sustainable performance. Participants will not just learn to manage processes; they will learn to inspire change and embed a deep-seated commitment to HSE excellence throughout their organization. Our approach is holistic, addressing the technical, cultural, and strategic dimensions of HSE management to cultivate professionals who can drive tangible improvements in safety, environmental stewardship, and overall business resilience.