Strategic Business Continuity and Disaster Recovery Training Course



19 - 23 Oct 2026

Munich

5100 € (Per Person)

Ref: #DM7225_91204

Course Introduction / Overview:

In today's interconnected and unpredictable business landscape, organizational resilience is not a luxury but a fundamental necessity for survival and growth. This course provides a comprehensive framework for developing and managing robust business continuity and disaster recovery programs. It moves beyond theoretical concepts to offer practical, actionable strategies for protecting critical business functions against a wide range of potential disruptions, from cyber-attacks and IT failures to natural disasters and supply chain interruptions. Drawing on global best practices and standards, including ISO 22301, this training equips participants with the skills to conduct thorough risk assessments and business impact analyses. As noted by the renowned expert Andrew Hiles in his seminal work "Business Continuity Management: Global Best Practices," a proactive and integrated approach is key to effective resilience. BIG BEN Training Center has designed this program to empower professionals to build and maintain a resilient organization, ensuring operational continuity, safeguarding assets, and protecting brand reputation in the face of adversity. This course is your definitive guide to transforming business continuity from a reactive measure into a strategic competitive advantage.

Target Audience / This training course is suitable for:

- Business Continuity Managers and Planners.
- Disaster Recovery Specialists.
- IT Managers and System Administrators.
- Risk and Compliance Officers.
- Information Security Professionals.
- Operations and Facilities Managers.
- Crisis Management Team Members.
- Internal and External Auditors.
- Senior Management and Executives.
- Project Managers involved in critical infrastructure.

Target Sectors and Industries:

- Banking, Financial Services, and Insurance.
- Information Technology and Telecommunications.
- Healthcare and Pharmaceutical.
- Energy, Oil, and Gas.
- Manufacturing and Supply Chain.
- Retail and E-commerce.
- Transportation and Logistics.
- Governmental Agencies and Public Sector Bodies.
- Hospitality and Tourism.

Target Organizations Departments:

- Information Technology (IT) and Data Centers.
- Operations Management.
- Risk Management and Corporate Governance.
- Compliance and Legal.
- Facilities and Corporate Real Estate.
- Human Resources.
- Internal Audit.
- Corporate Communications and Public Relations.
- Procurement and Supply Chain Management.

Course Offerings:

By the end of this course, the participants will have able to:

- Develop a comprehensive Business Continuity Management System (BCMS) based on ISO 22301.
- Conduct a thorough Business Impact Analysis (BIA) to identify critical processes and dependencies.
- Perform a detailed risk assessment to identify threats and vulnerabilities to the organization.
- Define and establish appropriate Recovery Time Objectives (RTOs) and Recovery Point Objectives (RPOs).
- Design and implement effective business continuity and disaster recovery strategies.
- Create robust incident response and crisis management plans.
- Develop and execute a structured BCP testing, training, and exercise schedule.
- Manage and coordinate emergency communication with all stakeholders.
- Establish a framework for continuous improvement of the business continuity program.
- Align business continuity planning with the organization's strategic objectives.

Course Methodology:

The training methodology at BIG BEN Training Center is designed to be highly interactive, engaging, and practical, ensuring that participants can immediately apply their learning in a real-world context. We believe in an experiential learning approach that goes beyond traditional lectures. The course incorporates a dynamic blend of expert-led presentations, in-depth case study analyses of real-life business disruptions, and collaborative group discussions to foster peer-to-peer learning. A significant portion of the training is dedicated to hands-on workshops and simulation exercises where participants will work in teams to conduct a mock Business Impact Analysis, develop recovery strategies, and respond to a simulated crisis scenario. This practical application solidifies understanding and builds confidence. Participants will receive constructive feedback from instructors and peers throughout the course. Our approach ensures that attendees leave not just with theoretical knowledge, but with the practical skills and strategic mindset required to build and lead a successful business continuity and disaster recovery program within their own organizations.

Course Agenda (Course Units):

Unit One: Foundations of Organizational Resilience

- Introduction to Business Continuity Management (BCM).
- Differentiating between Business Continuity, Disaster Recovery, and Crisis Management.
- The BCM Lifecycle and its core components.
- Understanding key international standards like ISO 22301.
- Defining policy, scope, and objectives for a BCM System.
- The role of leadership and governance in business continuity.
- Establishing roles and responsibilities for the BCM program.

Unit Two: Business Impact Analysis and Risk Assessment

- The purpose and methodology of a Business Impact Analysis (BIA).
- Identifying and prioritizing critical business functions and processes.
- Determining dependencies between processes, people, and technology.
- Defining Recovery Time Objectives (RTO) and Recovery Point Objectives (RPO).
- Conducting a comprehensive threat and risk assessment.
- Analyzing vulnerabilities and the potential impact of disruptions.
- Integrating BIA and risk assessment findings to inform strategy.

Unit Three: Developing Continuity and Recovery Strategies

- Exploring a range of business continuity and recovery strategies.
- Strategy selection for business processes, facilities, and personnel.
- Developing IT disaster recovery strategies (e.g., hot, warm, cold sites).
- Data backup, replication, and vaulting solutions.
- Strategies for managing supply chain disruptions.
- Resource planning and allocation for recovery.
- Cost-benefit analysis of different strategic options.

Unit Four: Implementing and Testing the Plans

- Structuring and writing the Business Continuity Plan (BCP).
- Developing specific Disaster Recovery Plans (DRP) for IT systems.
- Creating clear and actionable incident response procedures.
- The importance of training and awareness programs.
- Planning and designing BCP and DR tests and exercises.
- Types of exercises: tabletop, walkthrough, simulation, and full interruption.
- Documenting test results and implementing lessons learned for plan improvement.

Unit Five: Crisis Management and Program Maintenance

- Establishing a Crisis Management Team (CMT) and defining its structure.
- Developing a comprehensive crisis communications plan for all stakeholders.
- Activating the BCP and managing the response to an incident.
- Coordinating with emergency services and external agencies.
- Post-incident review and analysis for continuous improvement.
- Establishing a schedule for regular plan reviews and updates.
- Auditing and measuring the performance of the BCM program.

FAQ:

Qualifications required for registering to this course?

There are no requirements.

How long is each daily session, and what is the total number of training hours for the course?

This training course spans five days, with daily sessions ranging between 4 to 5 hours, including breaks and interactive activities, bringing the total duration to 20 - 25 training hours.

Something to think about:

In an era of increasingly complex cyber-physical threats, how can traditional BCP/DR models evolve to address the convergence of digital and physical risks effectively?

What unique qualities does this course offer compared to other courses?

This course distinguishes itself by providing a holistic and strategic perspective on organizational resilience, moving beyond the siloed approaches of traditional IT disaster recovery or basic business continuity. Its core strength lies in the seamless integration of business continuity planning with strategic risk management and crisis leadership. Unlike programs that focus heavily on theoretical frameworks, this training emphasizes practical application through realistic, industry-specific simulations and hands-on workshops. Participants will not just learn about Business Impact Analysis; they will conduct one. They will not just read about crisis communication; they will draft and present a plan. The curriculum is meticulously designed to foster a strategic mindset, enabling participants to align resilience initiatives directly with core business objectives and demonstrate tangible value to senior leadership. Furthermore, the course content is continuously updated to reflect the evolving threat landscape, incorporating contemporary challenges such as sophisticated cyber-attacks, supply chain vulnerabilities, and the implications of remote work, ensuring the skills learned are both current and future-proof.