# Comprehensive Web Application Firewall Management Training Course



14 - 18 Dec 2026

Cape town

4600 € (Per Person)

Ref: #CYB4404_272220

## Course Introduction / Overview:

In today's digital landscape, web applications are primary targets for cyberattacks, making robust security measures non-negotiable. This course provides an in-depth exploration of Web Application Firewalls (WAFs), the critical first line of defense against sophisticated threats. We will move beyond basic concepts to cover advanced configuration, policy management, and threat mitigation strategies. As detailed in seminal works like "The Web Application Hacker's Handbook" by authors Dafydd Stuttard and Marcus Pinto, understanding the attacker's mindset is key to building effective defenses. This program is designed to equip participants with the practical skills needed to deploy, manage, and optimize WAF solutions to protect critical web assets from threats like SQL injection, cross-site scripting (XSS), and other OWASP Top 10 vulnerabilities. At BIG BEN Training Center, we focus on providing a comprehensive learning experience that combines theoretical knowledge with hands-on application. Participants will learn to fine-tune security policies, minimize false positives, and integrate WAFs into a broader security architecture. This training ensures you can confidently manage a WAF to maintain application availability, performance, and security, transforming you into a key guardian of your organization's digital presence and data integrity.

## Target Audience / This training course is suitable for:

- Cybersecurity Analysts and Engineers.
- Network Security Administrators.
- System and Network Engineers.
- DevOps and DevSecOps Professionals.
- IT Managers and Team Leaders.
- Application Security Specialists.
- Web Developers with a focus on security.
- Security Consultants and Architects.
- Incident Response Team Members.

## Target Sectors and Industries:

- Banking and Financial Services.
- Healthcare and Medical Institutions.
- E-commerce and Online Retail.
- Government Agencies and Public Sector Bodies.
- Technology and Software Development Companies.
- Telecommunications and Service Providers.
- Education and Academic Institutions.
- Energy and Utilities Sector.

## Target Organizations Departments:

- Information Technology (IT) and Infrastructure.
- Cybersecurity and Information Security.
- Network Operations Center (NOC).
- Security Operations Center (SOC).
- Software Development and Engineering.
- Quality Assurance and Testing.
- Compliance and Risk Management.
- Application Support and Maintenance.

## Course Offerings:

By the end of this course, the participants will have able to:

- Understand the core principles of web application security and the role of a WAF.
- Deploy and configure WAFs in various architectural models.
- Develop, test, and implement effective WAF security policies and rule sets.
- Analyze and mitigate the OWASP Top 10 web application vulnerabilities.
- Fine-tune WAF rules to reduce false positives and false negatives.
- Integrate WAF solutions with SIEM and other security monitoring tools.
- Secure APIs and modern web applications using advanced WAF features.
- Monitor WAF logs and alerts to detect and respond to security incidents.
- Implement strategies for bot mitigation and DDoS protection at the application layer.
- Automate WAF policy updates within a CI/CD pipeline.

## Course Methodology:

The training methodology at BIG BEN Training Center is designed to be highly interactive, immersive, and practical, ensuring participants gain tangible skills they can apply immediately. We believe that effective learning in cybersecurity comes from doing, not just listening. Therefore, the course heavily emphasizes hands-on labs where participants will configure, test, and manage WAFs in a simulated corporate environment. Our expert instructors facilitate dynamic sessions that include real-world case studies of major web application breaches, allowing participants to analyze attack vectors and defense mechanisms. Group discussions and collaborative problem-solving exercises are central to our approach, encouraging participants to share insights and tackle complex policy-tuning challenges together. The curriculum incorporates a blend of lectures, interactive demonstrations, and practical workshops. Continuous feedback is provided throughout the training, helping participants to solidify their understanding and master advanced WAF management techniques. This blended learning approach ensures a comprehensive grasp of both the strategic principles and the operational tactics required for effective web application protection, fostering a deep and lasting competence in the subject matter.

## Course Agenda (Course Units):

### Unit One: Foundations of Web Application Security and WAF

- Introduction to Web Application Architecture.
- The Evolving Threat Landscape for Web Applications.
- Deep Dive into the OWASP Top 10 Vulnerabilities.
- Core Concepts and Purpose of a Web Application Firewall (WAF).
- Comparing WAFs with Traditional Firewalls and Intrusion Prevention Systems (IPS).
- Exploring Different WAF Deployment Models (e.g., On-Premise, Cloud-Based, Hybrid).
- Understanding Positive vs. Negative Security Models.

### Unit Two: WAF Deployment and Core Policy Configuration

- Initial WAF Setup and Network Integration.
- Configuring Basic Security Policies and Protections.
- Working with Pre-defined and Managed Rule Sets.
- Creating Custom Rules for Application-Specific Threats.
- Implementing IP Reputation and Geolocation Filtering.
- Managing Security Profiles for Different Web Applications.
- Best Practices for Initial Policy Deployment and Testing.

### Unit Three: Advanced WAF Tuning and Feature Implementation

- Techniques for Minimizing False Positives and False Negatives.
- Implementing Rate Limiting and Brute Force Protection.
- Advanced Bot Detection and Mitigation Strategies.
- Securing APIs with WAF Policies (JSON/XML Protection).
- Configuring Session Tracking and Cookie Protection.
- Managing SSL/TLS Inspection and Certificate Handling.
- Protecting Against Zero-Day and Application-Layer DDoS Attacks.

## Unit Four: WAF Logging, Monitoring, and Integration

- Configuring Comprehensive WAF Logging and Alerting.
- Analyzing WAF Logs for Threat Hunting and Incident Investigation.
- Integrating WAFs with Security Information and Event Management (SIEM) Systems.
- Generating Security Reports and Dashboards for Compliance and Analysis.
- Monitoring WAF Performance and Health.
- Integrating WAF Security into the CI/CD Pipeline (DevSecOps).
- Automating WAF Policy Updates and Management.

## Unit Five: Incident Response and Modern WAF Strategies

- Developing an Incident Response Plan Involving the WAF.
- Using the WAF for Virtual Patching of Vulnerable Applications.
- Conducting Post-Incident Analysis Using WAF Data.
- Exploring the Role of Machine Learning and AI in Modern WAFs.
- Managing WAFs in Multi-Cloud and Containerized Environments.
- Compliance and Regulatory Considerations for WAF Implementation (e.g., PCI DSS).
- Future Trends in Web Application and API Protection (WAAP).

# FAQ:

### Qualifications required for registering to this course?

There are no requirements.

### How long is each daily session, and what is the total number of training hours for the course?

This training course spans five days, with daily sessions ranging between 4 to 5 hours, including breaks and interactive activities, bringing the total duration to 20 - 25 training hours.

## Something to think about:

As WAFs increasingly rely on machine learning for anomaly detection, how can security professionals balance automated threat response with the need for human oversight to prevent critical false positives?

## What unique qualities does this course offer compared to other courses?

This course distinguishes itself by moving beyond vendor-specific product training to instill a deep, strategic understanding of web application security principles. While many courses focus on the "how" of clicking buttons in a specific WAF interface, our curriculum emphasizes the "why" behind security policy decisions. We focus on the universal challenges of WAF management, such as the nuanced art of false positive tuning, which requires a sophisticated understanding of both application behavior and attacker techniques. The curriculum is built around practical, real-world scenarios, forcing participants to think critically and develop custom rules for complex, non-standard applications rather than relying solely on default templates. Furthermore, we dedicate significant time to integrating the WAF into the broader security ecosystem, including SIEM and DevSecOps pipelines, a critical aspect often overlooked in introductory training. The course fosters a proactive, threat-hunting mindset, teaching participants how to leverage WAF logs not just for blocking known attacks but for uncovering emerging threats and understanding application vulnerabilities. This strategic, hands-on, and integrated approach ensures graduates are not just technicians but true architects of a resilient web application defense strategy.