Advanced MEP Systems Coordination and Management Training Course

19 - 23 Oct 2026

Rome

5800 € (Per Person)

Ref: #CON1211_85834

Course Introduction / Overview:

This comprehensive training course provides an in-depth exploration of Mechanical, Electrical, and Plumbing (MEP) systems coordination and management, a critical discipline in modern construction and building engineering. In an era of increasingly complex architectural designs and stringent energy efficiency standards, the effective integration of building services is paramount to project success. This program moves beyond fundamental principles to address advanced challenges in clash detection, Building Information Modeling (BIM) integration, and sustainable design. As highlighted by author Frank R. Dagostino in his seminal work, "Mechanical and Electrical Systems in Buildings," a holistic understanding of how these systems interact is essential for functionality and performance. Participants will delve into the strategic management of the MEP lifecycle, from initial design and spatial planning to installation, commissioning, and handover. BIG BEN Training Center has designed this course to equip engineers and project managers with the practical skills and theoretical knowledge needed to lead complex MEP projects, ensuring seamless system integration, minimizing costly rework, and delivering high-performance buildings that meet the demands of the 21st century. This course is the definitive guide to mastering MEP coordination.

Target Audience / This training course is suitable for:

- Mechanical Engineers.
- Electrical Engineers.
- Plumbing and Fire Protection Engineers.
- MEP Coordinators and Managers.
- BIM Managers and Coordinators.
- Construction Project Managers.
- Building Services Engineers.
- Architects and Design Leads.
- Facility Managers and Operations Staff.
- Consulting Engineers.
- Site and Field Engineers.

Target Sectors and Industries:

- Construction and Engineering Contracting.
- Real Estate and Property Development.
- Architectural and Engineering (A&E) Consulting Firms.
- Governmental bodies and Public Works Authorities.
- Healthcare and Hospital Construction.
- Hospitality and Commercial Building Development.
- Data Center Design and Construction.
- Industrial and Manufacturing Facilities.
- Oil and Gas Project Infrastructure.

Target Organizations Departments:

- Engineering and Design Departments.
- Project Management Office (PMO).
- Construction Management Teams.
- Operations and Maintenance Departments.
- Technical Services Departments.
- Planning and Development Departments.
- Quality Assurance and Quality Control (QA/QC).
- BIM and VDC (Virtual Design and Construction) Departments.
- Facilities Management.

Course Offerings:

By the end of this course, the participants will have able to:

- Develop and implement a comprehensive MEP coordination strategy for complex projects.
- Master advanced clash detection and resolution techniques using integrated workflows.
- Analyze and design energy-efficient HVAC, electrical, and plumbing systems.
- Manage the integration of ELV (Extra-Low Voltage) systems within the overall MEP framework.
- Create and review detailed MEP shop drawings and coordination models.
- Apply BIM principles effectively for enhanced MEP system visualization and collaboration.
- Oversee the entire MEP project lifecycle from conceptual design to final commissioning.
- Implement sustainable and green building principles in MEP system design.
- Improve interdisciplinary communication and resolve conflicts between architectural, structural, and MEP teams.
- Prepare for leadership roles in MEP project management and building services engineering.

Course Methodology:

The training methodology at BIG BEN Training Center is designed to be highly interactive, experiential, and directly applicable to the professional challenges faced by participants. This course rejects a purely theoretical lecture-based format in favor of a dynamic learning environment that fosters collaborative problem-solving and critical thinking. A significant portion of the training will be dedicated to analyzing real-world case studies of complex construction projects, allowing participants to dissect successful MEP coordination strategies and learn from documented challenges. Interactive workshops and group exercises will simulate project scenarios, requiring teams to develop coordination plans, resolve spatial conflicts, and present their solutions. The facilitator will guide these sessions, providing expert feedback and encouraging peer-to-peer learning. Open discussions and Q&A sessions are integrated throughout the course to ensure concepts are thoroughly understood. This hands-on approach ensures that participants not only grasp the theoretical underpinnings of advanced MEP management but also develop the practical confidence to apply these skills immediately within their own organizations, driving efficiency and innovation in their projects.

Course Agenda (Course Units):

Unit One: Fundamentals of Integrated MEP Coordination

- The Role and Importance of MEP Coordination in Modern Construction.
- Understanding the MEP Project Lifecycle from Design to Handover.
- Key Principles of Mechanical, Electrical, and Plumbing Systems.
- Introduction to Building Information Modeling (BIM) for MEP.
- Roles and Responsibilities of the MEP Coordination Team.
- Reading and Interpreting Architectural, Structural, and MEP Drawings.
- Common Coordination Challenges and Conflict Points.

Unit Two: Advanced HVAC Systems Design and Coordination

- Heating, Ventilation, and Air Conditioning (HVAC) System Types and Selection.
- Load Calculations and Energy Modeling Principles.
- Ductwork and Pipework Sizing, Routing, and Spatial Coordination.
- Plant Room and Mechanical Room Layout and Optimization.
- Coordination of HVAC with Fire Protection and Life Safety Systems.
- Integrating HVAC Controls and Building Management Systems (BMS).
- Best Practices for Sustainable and Energy-Efficient HVAC Design.

Unit Three: Electrical and ELV Systems Integration

- Coordination of Power Distribution Systems and Substations.
- Lighting Systems, Cable Trays, and Conduit Routing Strategies.
- Integration of Extra-Low Voltage (ELV) Systems (Data, Security, AV).
- Fire Alarm and Detection System Coordination with other Services.
- Spatial Planning for Electrical Rooms, Risers, and Panels.
- Earthing, Bonding, and Lightning Protection System Requirements.
- Ensuring Compliance with Electrical Codes and Standards.

Unit Four: Plumbing and Fire Protection Systems Coordination

- Domestic Water, Drainage, and Venting System Design.
- Coordination of Hot and Cold Water Supply Piping.
- Fire Suppression Systems (Sprinklers, Standpipes) Layout and Integration.
- Medical Gas and Specialized Piping Systems in Healthcare Facilities.
- Coordinating with Structural Elements to Avoid Penetration Conflicts.
- Stormwater and Rainwater Harvesting System Design.
- Best Practices for Water Conservation in Plumbing Design.

Unit Five: MEP Project Management and Advanced Technologies

- Developing a Master MEP Coordination Program and Schedule.
- Advanced Clash Detection and Resolution Workflow Management.
- Managing the MEP Shop Drawing and Submittal Process.
- Value Engineering in MEP Systems without Compromising Quality.
- Commissioning, Testing, and Handover of MEP Systems.
- The Future of MEP: Prefabrication, Modular Construction, and IoT.
- Leading Interdisciplinary Coordination Meetings and Resolving Disputes.

FAQ:

Qualifications required for registering to this course?

There are no requirements.

How long is each daily session, and what is the total number of training hours for the course?

This training course spans five days, with daily sessions ranging between 4 to 5 hours, including breaks and interactive activities, bringing the total duration to 20 - 25 training hours.

Something to think about:

Considering the rise of smart buildings and IoT, how must traditional MEP coordination processes evolve to effectively integrate data-driven systems and predictive maintenance strategies?

What unique qualities does this course offer compared to other courses?

This course distinguishes itself by adopting a strategic, management-focused perspective on MEP coordination, moving beyond the purely technical or software-specific training that dominates the market. While proficiency with tools is important, our curriculum is built on the academic principle that true mastery lies in understanding the engineering logic, project management strategies, and interdisciplinary dynamics that underpin successful system integration. We focus on cultivating critical thinking and problem-solving skills applicable to any project or technology platform. The program emphasizes the "why" behind the "how," exploring the consequences of design decisions on building performance, sustainability, and lifecycle costs. Through extensive use of complex, real-world case studies and collaborative problem-solving workshops, participants learn to navigate the intricate political and technical challenges of large-scale projects. This course is not about learning to operate a single piece of software; it is about developing the holistic expertise to lead, manage, and innovate in the field of building services engineering, preparing participants for senior roles where strategic oversight is more valuable than mere technical execution.