Advanced Corporate Governance and Board Effectiveness Training Course



02 - 06 Nov 2026

Rome

5800 € (Per Person)

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Course Introduction / Overview:

Effective corporate governance is the cornerstone of sustainable corporate success and long-term value creation. This intensive training course provides a comprehensive exploration of the principles, structures, and processes that define robust governance and drive board effectiveness. In an era of heightened scrutiny from investors, regulators, and the public, the ability of a board to provide strategic oversight, manage risk, and ensure ethical conduct is paramount. This program, offered by BIG BEN Training Center, moves beyond theoretical frameworks to deliver practical, actionable insights. Drawing on seminal works like "Corporate Governance: Principles, Policies, and Practices" by Bob Tricker and the foundational principles established by figures such as Sir Adrian Cadbury, the course delves into the critical dynamics of the boardroom. Participants will examine the intricate relationship between governance, strategy, and performance, exploring contemporary challenges such as ESG integration, digital transformation, and shareholder activism. The curriculum is designed to equip leaders with the foresight and skills necessary to navigate complex business landscapes, foster a culture of integrity, and build resilient organizations that command stakeholder trust and confidence. This is a definitive guide for mastering the art and science of modern corporate governance.

Target Audience / This training course is suitable for:

- Board Members and Directors.
- Chairpersons of the Board and Committees.
- Chief Executive Officers (CEOs) and C-Suite Executives.
- Corporate Secretaries and General Counsels.
- Heads of Legal, Compliance, and Risk Management.
- Internal and External Auditors.
- Senior Government Officials and Regulators.
- Institutional Investors and Shareholder Representatives.
- Senior Managers aspiring to board-level positions.

Target Sectors and Industries:

- Banking and Financial Services.
- Insurance and Asset Management.
- Energy, Oil, and Gas.
- Telecommunications and Technology.
- Healthcare and Pharmaceuticals.
- Manufacturing and Industrial sectors.
- Real Estate and Construction.
- Governmental and Public Sector Organizations.
- Non-Profit and Non-Governmental Organizations.

Target Organizations Departments:

- Executive Management and the CEO's Office.
- Board of Directors and Board Affairs.
- Legal and Corporate Secretariat.
- Compliance and Regulatory Affairs.
- Risk Management and Internal Control.
- Internal Audit Department.
- Finance and Investor Relations.
- Strategy and Corporate Development.
- Human Resources (for executive compensation and succession planning).

Course Offerings:

By the end of this course, the participants will have able to:

- Analyze the core principles and international frameworks of corporate governance.
- Define the roles, responsibilities, and fiduciary duties of directors and board officers.
- Evaluate and enhance board composition, structure, and committee effectiveness.
- Develop robust frameworks for strategic oversight and risk management.
- Master the dynamics of effective boardroom communication and decision-making.
- Integrate Environmental, Social, and Governance (ESG) criteria into corporate strategy.
- Navigate the complexities of shareholder relations and stakeholder engagement.
- Implement best practices for board performance evaluation and renewal.
- Strengthen internal controls and foster a culture of ethical leadership.
- Lead their organizations with greater accountability, transparency, and integrity.

Course Methodology:

The training methodology at BIG BEN Training Center is designed to be immersive, interactive, and highly practical. We believe that adult learning is most effective when it connects theory to real-world application. This course utilizes a blended learning approach that combines expert-led presentations with dynamic, participatory activities. Participants will engage in in-depth analyses of landmark case studies, dissecting both governance successes and failures to draw actionable lessons. Interactive group discussions and workshops will provide a platform for sharing experiences and perspectives, fostering a rich collaborative learning environment. Role-playing scenarios will simulate challenging boardroom situations, allowing participants to practice their decision-making and leadership skills in a controlled setting. The program also includes practical exercises focused on developing governance policies, conducting board evaluations, and creating risk oversight matrices. Continuous feedback from the instructor and peers is a core component of the methodology, ensuring that participants can refine their understanding and skills throughout the five-day course. This hands-on approach ensures that attendees leave not just with knowledge, but with the confidence and tools to implement effective governance practices within their own organizations.

Course Agenda (Course Units):

Unit One Foundations of Modern Corporate Governance

- The Evolution and Importance of Corporate Governance.
- Key Theories: Agency Theory, Stewardship Theory, and Stakeholder Theory.
- Global Governance Frameworks: OECD Principles, ICGN, and COSO.
- Comparative Analysis of Governance Models (e.g., US, UK, German).
- The Legal and Regulatory Environment of Corporate Governance.
- The Business Case for Good Governance: Linking Governance to Performance.
- Understanding the Roles of Shareholders, Stakeholders, and the Board.

Unit Two The High-Performing Board of Directors

- Defining the Roles and Responsibilities of the Board.
- The Fiduciary Duties of Care, Loyalty, and Good Faith.
- Optimal Board Composition, Diversity, and Independence.
- The Role of the Chairperson, CEO, and Lead Independent Director.
- Structuring Effective Board Committees: Audit, Compensation, and Nomination.
- The Corporate Secretary's Role in Supporting the Board.
- Director Onboarding, Education, and Professional Development.

Unit Three Board Dynamics and Decision-Making

- Managing Boardroom Dynamics and Fostering Constructive Debate.
- Psychological Biases in Board Decision-Making.
- Techniques for Effective Communication and Conflict Resolution.
- The Board's Role in Strategy Formulation and Oversight.
- Monitoring Corporate Performance and Executive Management.
- Information Flow to the Board: Ensuring Quality and Timeliness.
- Conducting Effective Board and Committee Meetings.

Unit Four Risk Oversight, Compliance, and ESG Integration

- The Board's Ultimate Responsibility for Risk Oversight.
- Establishing a Robust Enterprise Risk Management (ERM) Framework.
- Oversight of Financial Reporting, Internal Controls, and Audit Functions.
- Integrating Environmental, Social, and Governance (ESG) into Strategy.
- Navigating Cybersecurity and Technology Governance Risks.
- Ensuring a Culture of Compliance and Ethical Conduct.
- Crisis Management and the Board's Response Role.

Unit Five Board Evaluation, Renewal, and Future Trends

- Best Practices for Board, Committee, and Director Performance Evaluations.
- Managing Board Renewal and Director Succession Planning.
- Executive Compensation: Design, Disclosure, and Shareholder Alignment.
- Engaging with Shareholders, Activist Investors, and Proxy Advisors.
- The Impact of Digital Transformation on Corporate Governance.
- Anticipating Future Governance Challenges and Opportunities.
- Developing a Personal Action Plan for Governance Excellence.

FAQ:

Qualifications required for registering to this course?

There are no requirements.

How long is each daily session, and what is the total number of training hours for the course?

This training course spans five days, with daily sessions ranging between 4 to 5 hours, including breaks and interactive activities, bringing the total duration to 20 - 25 training hours.

Something to think about:

In an era of increasing shareholder activism and social pressure, how can a board balance its fiduciary duty to maximize shareholder value with its broader responsibilities to all stakeholders?

What unique qualities does this course offer compared to other courses?

This training course distinguishes itself by moving beyond standard theoretical instruction to provide a deeply practical and forward-looking immersion into the realities of the modern boardroom. While many programs focus solely on established frameworks, this course emphasizes the application of these principles to contemporary challenges, including ESG integration, cybersecurity governance, and digital transformation. Our methodology is rooted in the analysis of real-world case studies, allowing participants to dissect complex governance dilemmas and formulate actionable solutions. The curriculum is uniquely structured to address not only the structural aspects of governance, such as board composition and committees, but also the critical human elements of board dynamics, decision-making psychology, and ethical leadership. Unlike courses that offer a one-size-fits-all approach, this program encourages a nuanced understanding, enabling participants to tailor best practices to their specific organizational and industry context. The focus is on developing strategic foresight and adaptive leadership skills, equipping attendees to build resilient governance structures that can withstand scrutiny and drive sustainable, long-term value creation for all stakeholders.